

# Keep On Movin' On

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Marja Urgert & Jan Van Tiggelen (April 2020)

**Music:** Keep On Movin' On "By" Maddie Poppe

## No Tag, No Restart

### Opening (Slow)

#### Section 1 :

- 1            Frontrock (Rf)
- 2 &        Frontrock (Lf), Recover (Rf)
- 3 - 4      Quarter Turn To Left Bigstep (Lf), Touch (Rf) Facing 9.00
- 5            Frontrock (Rf)
- 6 &        Step Back (2x) Lf, Rf
- 7 - 8      Quarter Turn To Left Bigstep (Lf), Hitch (Rf) Facing 6.00

#### Section 2 :

- 1 & 2      Rolling Vine Step To Right (Rf, Lf, Rf) With Swep (Lf) Facing 9.00
- 3 & 4      Crossrock (Lf), Behind (Rf), Side (Lf)
- 5 & 6      Crossrock (Rf), Behind (Lf), Side (Rf)
- 7 - 8      Heading 12.00 Siderock (Lf), Touch (Rf)

#### Main :

##### Section 1

- 1 - 2      Frontrock (Rf), Touch (Lf)
- 3 & 4      Coaster Step (Lf, Rf, Lf)
- 5 - 6      Siderock (Rf), Touch (Lf)
- 7 - 8      Siderock (Lf), Side Point (Rf)

##### Section 2

- 1 - 2      Siderock (Rf) With Swep (Lf), Crossrock (Lf) Facing 1.30
- 3 & 4      Coaster Step (Rf, Lf, Rf)

- 5 - 6 Frontrock (Lf), Hold  
& 7 Together (Rf), Step (Lf)  
8 Touch (Rf)

### Section 3

- 1 - 2 Step Back (2x) Rf, Lf  
3 & 4 Coaster Step (Rf, Lf, Rf)  
5 - 6 Frontrock (Lf), Half Turn To Right (Rf)  
7 & 8 Step Lock Step (Lf, Rf, Lf)

### Section 4

- 1 - 2 Half Turn To Left Rockback ( Rf), Half Turn To Left Front (Lf)  
3 - 4 Frontrock (Rf), Recover (Lf)  
5 - 8 Sailor Step ( 2x ) Rf, Lf, Facing 9.00

### Start Again...

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