

I Get Goosebumps

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Jake "Noodle" Garcia - December 2019

Music: Goosebumps by Meghan Trainor

#16 count intro

[1-8] Touch R, Full Spin, Rock L, Back Cross x2, Hip Bump, Step

1 touch R toe to R

2 step RF next to LF while making a full spin over right shoulder

(Optionally, if you don't turn you can just step RF in)

3 & rock LF out L, recover on RF

4 & **5** step LF behind RF raising R knee slightly, step out RF, step LF behind RF raising R knee slightly, step out RF

6 & **7** Step out LF keeping weight on the R, bump hips up to the L, sit hips back down to the R

8 make a $\frac{1}{4}$ turn L stepping on LF

[9-16] Scuff-Step $\frac{1}{4}$ Turn L, Back Cross Rock, Recover, Side, $\frac{1}{4}$ Turn Sailor Step, Full Spin Triple

1 2 scuff RF turning $\frac{1}{4}$ L, step RF out

3 & **4** rock LF behind RF, recover RF, step out L

5 & **6** step RF behind LF, make a $\frac{1}{4}$ turn R stepping on LF, step forward RF

7 & **8** make $\frac{1}{4}$ turn R stepping on LF, make $\frac{1}{2}$ turn R stepping on RF, finish with $\frac{1}{4}$ turn R stepping on LF

[17-24] Rock-Recover-Turn, Weave, Step-Touch x2, Heels Out-Out, In-In

1 & **2** rock forward on RF, recover on LF, step back R while turning $\frac{1}{4}$ R

3 & **4** step LF behind RF, step out RF, cross LF over RF

5&step RF out, touch LF next to RF

6&step LF out, touch RF next to LF

7&step out and forward onto R heel, step out L heel

8&step RF back to center, step LF next to RF

[25-32] Step, Heel Twist, Turn, Heel Twist, Turn, Together, Shimmy

1&2step forward RF, twist heels right while hitching L, step back on LF while twisting heels center

3&4turn $\frac{1}{4}$ R and step forward RF, twist heels right while hitching L, recover on LF +twist heels center

5 6turn $\frac{1}{2}$ R and step forward RF, bring LF together

7-8shimmy shoulders (Styling tip: shake like you got goosebumps)

Restart 16 counts into wall 4

Change the full spin triple to a forward triple step for stability

7&8step forward LF, step RF together, step forward LF

Tag: 16 counts into wall 10 (Tempo change)

[1-12] R Hand Out, L Hand Out, Hands In, Rotate Upper Body, Shimmy

1-2 Plant RF and Extend R arm down while looking at R arm

3-4 Extend L arm down while looking at L arm

5 6place R hand on heart, place L hand on heart

7-10keep hands on chest and bring upper body around in a CW circle

11-12shimmy shoulders (same styling)

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