

# Love Not War

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Lene Mainz Pedersen (DK) - March 2021

**Music:** - Jason Derulo & Nuka : (iTunes)

## **Intro: 16 Counts from heavy beat**

### **[1-8] MAMBO R, MAMBO L, MAMBO FW, MAMBO BACK**

- 1 & 2**        Rock R to R side, Recover on L, Step R beside L
- 3 & 4**        Rock L to L side, Recover on R, Step L beside R
- 5 & 6**        Rock R fw, Recover on L, Step R beside L
- 7 & 8**        Rock L back, Recover on R, Step L beside R

### **[9-16] STEP R FW, PUNCH R-L-R, STEP L FW, PUNCH L-R-L**

- 1 - 4**        Step R to R diagonal with R fist/arm fw, punch L fist over R arm, under R arm, over R arm
- 5 - 8**        Step L to L diagonal with L fist/arm fw, punch R fist over L arm, under L arm, over L arm

**( OR simply heel bounce if you can't do the arms ? BUT TRY )**

### **[17-24] V-STEP, ¼ PADDLE L X2**

- 1 - 4**        Step R to R diagonal, Step L to L diagonal, Step R back to center, Step L beside R \*\*\*  
Restart wall 8
- 5 - 8**        Step fw on R, Turn ¼ L weight on L, Step fw on R, Turn ¼ L weight on L (6:00)

### **[25-32] SAMBA R, SAMBA L, JAZZ ¼ R**

- 1 & 2**        Cross R in front of L, Rock L to L side, Recover on R to R diagonal
- 3 & 4**        Cross L in front of R, Rock R to R side, Recover on L to L diagonal
- 5 - 8**        Cross R in front of L, Turn ¼ R step back on L, Step R to R side, Cross L in front of R (9:00)

**ENJOY ?**

**RESTART: Wall 8 after Count 20**

**Contact: [lene.m@privat.dk](mailto:lene.m@privat.dk)**

**[www.happylinedanceherning.dk](http://www.happylinedanceherning.dk)**

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