

Juice

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Count: 32 **Wall:** 4 **Level:** Beginner Disco Style

Choreographer: JMP (KOR) - February 2021

Music: - Lizzo

Dance begins after 16 counts, on lyrics

(1-8) Rocking Chair, ½ Pivot x2

- 1, 2 Rock RF forward, recover back onto LF
- 3, 4 Rock RF back, recover forward onto LF
- 5, 6 Step RF forward, ½ pivot over L shoulder onto LF
- 7, 8 Step RF forward, ½ pivot over L shoulder onto LF

(9-16) Rocking Chair, Step Touch Forward and Back

- 1, 2 Rock RF forward, recover back onto LF
- 3, 4 Rock RF back, recover forward onto LF
- 5, 6 Step RF diagonally forward to R side, touch LF to RF
- 7, 8 Step LF diagonally back to L side, touch RF to LF

(17-24) Side shuffle, ¼ Turn Side Shuffle, Weave

- 1&2 Step RF to R side, step LF together, step RF to R side
- 3&4¼ turn L while stepping LF to L side, step RF together, step LF to L side**
- 5, 6 Cross RF in front of LF, step LF to L side
- 7, 8 Cross RF behind LF, step LF to L side

(25-32) Cross Rocking Chair, Jazz Box

- 1, 2 Cross RF in front of LF, recover back onto LF
- 3, 4 Rock RF to R side, recover onto LF
- 5, 6 Cross RF in front of LF, step LF back
- 7, 8 Step RF to R side, step LF forward

Last Update - 6 March 2021