

A La La La Long

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Count: 48 **Wall:** 2 **Level:** Improver

Choreographer: Roosamekto Mamek (ULD Bekasi - INA) March 2020

Music: Me Gusta by Shakira & Anuel AA

Intro: 16 count - NO TAG, NO RESTART

S1. SIDE MAMBO, FORWARD MAMBO, BACK MAMBO

- 1&2** Rock R to side - Recover on L - Step R together (12:00)
- 3&4** Rock L to side - Recover on R - Step L together
- 5&6** Rock R forward - Recover on L - Step R back
- 7&8** Rock L back - Recover on R - Step L forward (12:00)

S2. MAMBO CROSS, SIDE, CROSS SHUFFLE

- 1&2&** Rock R to side - Recover on L - Cross R over L - Step L to side (12:00)
- 3&4** Cross R over L - Step L to side - Cross R over L
- 5&6&** Rock L to side - Recover on R - Cross L over R - Step R to side
- 3&4** Cross L over R - Step R to side - Cross L over R (12:00)

S3. SIDE , TOUCH, SIDE TURN 1/4 LEFT, TOUCH, SIDE, TOUCH, FORWARD LOCK SHUFFLE

- 1&2&** Step R to side - Touch L together - Step L to side - Touch R together
- 3&4&** Turn 1/4 left step R to side - Touch L together - Step L to side - Touch R together (9:00)
- 5&6** Step R forward - Lock L behind R - Step R forward
- 7&8** Step L forward - Lock R behind L - Step L forward (9:00)

S4. FORWARD ROCK, RECOVER, SIDE TURN, VOLTA TURN 3/4 RIGHT

- 1&2** Rock R forward - Recover on L - Turn 1/4 right step R to side (12:00)
- 3&4** Rock L forward - Recover on R - Turn 1/4 left step L to side (9:00)
- 5&6&** Turn 1/4 cross R over L (12:00) - Step L to side - Turn 1/4 right cross R over L (3:00) - Step L to side
- 7&8** Turn 1/4 right cross R over L (6:00) - Step L to side - Cross R over L (6:00)

S5. SAMBA WHISK, SIDE, TOUCH, SHUFFLE TURN 1/4 LEFT

- 1&2** Step L to side - Rock R behind L - Recover on L (6:00)

- 3&4** Step R to side – Rock L behind R – Recover on R
- 5&6&** Step L to side – Touch R together – Step R to side – Touch L together
- 7&8** Turn 1/4 left step L forward – Step R together – Step L forward (3:00)

S6. CROSS ROCK, DIAMOND SHAPE TURN 1/4 RIGHT

- 1&2** Cross/Rock R over L – Recover on L – Step R to side (3:00)
- 3&4** Cross/Rock L over R – Recover on R – Step L to side
- 5&6** Cross R over L – Step L to side – Turn 1/8 right step R back (4:30)
- 7&8** Step L back – Turn 1/8 right step R to side – Step L forward (6:00)

REPEAT

For more info about step sheet & song, please contact:

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