

# Please Be Careful With My Heart

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**Count:** 32

**Wall:** 2

**Level:** High Improver

**Choreographer:** Yola Ireneous & Wenarika (INA) - March 2020

**Music:** Please Be Careful With My Heart by Jose Mari Chan & Regine Velasquea

**#8 counts Intro . \*Tag on wall 2 after 16 counts**

## **I. PIVOT $\frac{1}{2}$ LEFT , TURN $\frac{3}{4}$ RIGHT , SYNCOPATED SCISSOR STEP**

**1 & 2: Rock R fwd - turn  $\frac{1}{2}$  left recover on L - R fwd .....(6.00)**

**3 & 4: Turn  $\frac{1}{2}$  right step L back - turn  $\frac{1}{4}$  right step R to side - cross L over R .....(3.00)**

**5 & 6 &: R to side - close L beside R - cross R over L - step L to side**

**7 & 8 &: Close R beside L - cross L over R - rock R to side - recover on L**

## **II. RUMBA BOX , BACK & HOOK , $\frac{1}{2}$ TURN LEFT , BACK & HOOK**

**1 & 2: Step R to side - close L beside R - step R forward**

**3 & 4: Step L to side - close R beside L - step L back**

**5 & 6 &: Step R back - hook L over R - step L forward - turn  $\frac{1}{2}$  left step R back ...(9.00)**

**7 & 8 &: Step L back - hook R over L - step R forward - step L forward**

**\*(On wall 2 , turn  $\frac{1}{4}$  left, do the 8 counts tag)**

## **III. WEAVE LEFT, CROSS ROCK , WEAVE RIGHT, CROSS ROCK**

**1 & 2 &: Cross R over L - step L to side - step R behind L - step L to side**

**3 & 4: Cross rock R over L - recover on L - step R to side**

**5 & 6 &: Cross L over R - step R to side - step L behind R - step R to side**

**7 & 8: Cross rock L over R - recover on R - step L to side**

## **IV. WALK FORWARD , WALK BACK , $\frac{1}{4}$ TURN LEFT , SYNCOPATED BACK ROCK**

**1 & 2: Step R forward - L forward - rock R forward**

**3 & 4: Recover on L - step R back - turn  $\frac{1}{4}$  left step L to side .....(6.00)**

**5 & 6 &: Cross rock R behind L - recover on L - step R to side - cross rock L behind R**

**7 & 8 &: Recover on R - step L to side - rock R back - recover on L**

**\*Tag on wall 2 after 16 counts , turn  $\frac{1}{4}$  left (facing front wall)**

**1 - 8: sway right - hold - sway left - hold - sway right - hold - sway left - hold**

**Happy dancing !!!**

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