

Jack Is Back

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Count: 80

Wall: 1

Level: Intermediate

Choreographer: Tina Wahono, NanaPace , Dewi Abri, Palupi Noya , Wenarika (INA - March 2020)

Music: Jack Is Back by The Clan

***Intro Music 16cts , Bridge happens only 1 time on wall 3**

INTRO DANCE (16 cts)

KICK BALL CROSS R (2X) , SIDE ROCK STEP WITH SHIMMY

1&2 3&4: Kick R diag fwd - step on R - cross L over R, Kick R diag fwd - step on R - cross L over R

5 - 8: Rock R to side - close R beside L - rock L to side - close L beside R (with shimmy)

KICK BALL CROSS L (2X) , SIDE ROCK STEP WITH SHIMMY

1&2 3&4: Kick L diag fwd - step on L - cross R over L, Kick L diag fwd - step on L - cross R over L

5 - 8: Rock L to side - close L beside R - rock R to side - close R beside L (with shimmy)

MAIN DANCE (80 cts)

(I) SIDE TOUCH, STEP, HEEL FWD, FLICK, HEEL FWD , SIDE TOUCH & HITCH, VINE TO LEFT

1&2 3 4: Touch R to side - step R beside L - L heel forward , step on L whilst flick R back - R heel forward

5&6 7&8: Touch R to side - hitch R knee - touch R to side, R behind L - L to side - cross R over L

(II) SIDE TOUCH, STEP, HEEL FWD, FLICK, HEEL FWD , SIDE TOUCH & HITCH, VINE TO RIGHT

1&2 3 4: Touch L to side - step L beside R - R heel forward , step on R whilst flick L back - L heel forward

5&6 7&8: Touch L to side - hitch L knee - touch L to side, L behind R - R to side - cross L over R

(III) FORWARD SHUFFLE , ½ RIGHT , BACK SHUFFLE , HIP BUMPS, FORWARD SHUFFLE

1 & 2: Forward shuffle on R - L - R

3 & 4: Turn ½ right, back shuffle on L - R - L(6.00)

5 & 6: Step R back and bump hips to back - forward - back

7 & 8: Forward shuffle on L - R - L

(IV) FORWARD DIAGONAL STEP TOUCHES , MONTEREY STEPS

1 & 2 &: R diag fwd - touch L beside R - L diag fwd - touch R beside L

3 & 4 &: R diag fwd - touch L beside R - L diag fwd - touch R beside L

5 & 6 &: Touch R to side - turn ¼ right step R beside L - touch L to side - step L beside R(9.00)

7 & 8 &: Touch R to side - turn ¼ right step R beside L - touch L to side - step L beside R(12.00)

(V) WALK FORWARD , HEEL SWITCHES , HEEL TWISTS

1&2 3&4: Walk forward on R - L - R , Walk forward on L - R - L

5&6&: R heel fwd - R beside L - L heel fwd - L beside R

7&8&: Twist both heels to right - left - right - left

(VI) WALK BACKWARD , HEEL SWITCHES , HEEL TWISTS

1&2 3&4: Walk back on L - R - L , Walk back on R - L - R

5&6&: L heel fwd - L beside R - R heel fwd - R beside L

7&8&: Twist both heels to left - right - left - right

(VII) CHARLESTON STEPS , ½ RIGHT TURN , BACK

1&2&: Touch R fwd - swing R to back - step R back - swing L to back

3&4&: Touch L back - swing L to front - step L fwd - swing R to front

5 - 6: Step R fwd - turn ½ right step L back(6.00)

&7&8: Swing R to back - step R back - swing L to back - step L back

(VIII) DIAGONAL FORWARD SHUFFLE , FORWARD MAMBO , TOUCH BEHIND, TURN ½ LEFT

1 & 2: Step R diag fwd - lock L behind R - R diag fwd

3 & 4: Step L diag fwd - lock R behind L - L diag fwd

5 & 6: Rock R fwd - recover on L - step R slightly back

7 - 8: Touch L behind R - turn ½ left weight on L.....(12.00)

(IX) REPEAT VII - (CHARLESTON STEPS , ½ RIGHT TURN , BACK)

(X) REPEAT VIII - (DIAGONAL FORWARD SHUFFLE , FORWARD MAMBO , TOUCH BEHIND, TURN ½ LEFT)

***Bridge on wall 3, dance the first part I & II, then do the bridge, CONTINUE DANCE FROM PART V !!!**

1&2&: Touch R back - step on R - touch L back - step on L

3&4: Brush R fwd - step R to side - step L to side

5&6&: Swivel R heel in - swivel to centre - swivel L heel in - swivel to centre

7&8: Swivel both heels in - swivel both balls in - swivel both heels in

Have fun !!!

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