

Lost in the Rhythm

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Jérôme Ciurana (February 2020)

Music: Lost in the Rhythm by Jamie Berry Feat Octavia Rose (Remix 2 Min)

Déscriptif : 16 counts from the beginning or 8 sec do the dance at the end - CW rotation.

Music 3 min : 32 counts from beginning or 16sec do 3 wall complete and the 16 first counts (change incluse) {4MF9H} then do the dance at the end

[1-8] CHARLESTON STEP X 2

1-2RIGHT toe forward, Step RIGHT beside left

3-4LEFT toe back, Step LEFT beside right

5-6RIGHT toe forward, Step RIGHT beside left

7-8LEFT toe back, Step LEFT beside right

[9-16] STEP 1/2 TURN LEFT, RIGHT SHUFFLE FORWARD, ROCK STEP , SWEEP X2

1-2 Step RIGHT forward, Pivot 1/2 turn left [6H]

3&4 Step RIGHT forward, Step LEFT next to right, Step RIGHT forward {shuffle}

5-6 Step LEFT forward, Recover weight to RIGHT {rock step}

7 Sweep LEFT from forward to back and step LEFT back

8 Sweep RIGHT from forward to back and step RIGHT back

Change : Change count 8 with Touch RIGHT beside left

[17-24] SWEEP, HITCH RIGHT, RIGHT SHUFFLE FORWARD, ROCK STEP, COASTER STEP

1 Sweep LEFT from forward to back and step LEFT back

2 Hitch RIGHT {hitch}

3&4 Step RIGHT forward, Step LEFT next to right, Step RIGHT forward {shuffle}

5-6 Step LEFT forward, Recover weight to RIGHT {rock step}

7&8 Step LEFT back, Step RIGHT beside left, Step LEFT forward {coaster step}

[25-32] STEP 1/4 TURN LEFT, CROSS SHUFFLE, ROCK STEP SIDE, BEHIND SIDE CROSS

- 1-2** Step RIGHT forward, Turn 1/4 turn left [3H]
- 3&4** Cross RIGHT over left, Step LEFT to left side, Cross RIGHT over left
- 5-6** Step LEFT to left side, Recover weight to RIGHT {rock step}
- 7&8** Cross LEFT behind right, Step RIGHT to right side, Cross LEFT over right {behind side cross}

LOST IN THE RHYTHM !!!!!!!

Les références des heures ne valent que sur le premier mur

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