

# One for Each Hand

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**Count:** 64      **Wall:** 2      **Level:** Improver

**Choreographer:** Bev Vinge - Albury. March 2020

**Music:** Two Pina Coladas by Garth Brooks

## **SIDE SHUFFLE LEFT, BACK, ROCK, SIDE SHUFFLE RIGHT, BACK, ROCK**

**1&2,3,4** Side Shuffle Left: L-R-L, Step R back, Rock forward onto L,

**5&6,7,8** Side Shuffle Right: R-L-R, Step L back, Rock forward onto R.

## **SHUFFLE FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD, SHUFFLE FORWARD**

**1&2,3,4** Shuffle forward: L-R-L, Step R forward, Pivot 180° Left weight on L,

**5&6,7&8** Shuffle forward: R-L-R, Shuffle forward: L-R-L. (6:00)

## **SIDE, BEHIND, SHUFFLE ¼ TURN RIGHT, FORWARD, ROCK, COASTER**

**1,2,3&4** Step R to side, Step L behind R, Step R to side, Step L beside R, Turn 90° Right Step R forward,

**5,6,7&8** Step L forward, Rock back onto R, Step L back, Step R together, Step forward onto L. (9:00)

## **BOX STEP ¼ TURN, BOX STEP**

**1,2,3,4** Cross R over L, Step back onto L, Turn 90° Right Step R to side, Step L together,

**5,6,7,8** Cross R over L, Step back onto L, Step R to side, Step L together. (12:00)

## **DIAGONAL STEP, LOCK, SHUFFLE, DIAGONAL STEP, LOCK, SHUFFLE**

**1,2,3&4** Step R forward 45° Right, Lock L behind R, Shuffle forward: R-L-R,

**5,6,7&8** Step L forward 45° Left, Lock R behind L, Shuffle forward: L-R-L.

## **BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH**

**1,2,3,4** Step R back 45° Right, Touch L together, Step L back 45° Left, Touch R together,

**5,6,7,8** Step R back 45° Right, Touch L together, Step L back 45° Left, Touch R together.

## **VINE RIGHT ¼ TURN HITCH ¼ , VINE LEFT, TOUCH**

**1,2,3,4** Step R to side, Step L behind R, Turn 90° Right Step R forward, Turn 90° Right Hitch L,

**5,6,7,8** Step L to side, Step R behind L, Step L to side, Touch R together. (6:00)

## **ROCKING CHAIR, V STEP FORWARD, FORWARD, BACK, TOGETHER**

**1,2,3,4** Step R forward, Rock back on L, Step R back, Rock forward on L,

**5,6,7,8** Step R forward 45° Right, Step L forward 45° Left, Step R back to Centre, Step L together.

**TAGS:**

**At the END of Wall 1 add:- Push Hips Right, Hold.**

**At the END of Wall 2 add:- Repeat last 16 Steps, Push Hips Right-Left-Double Right.**

**At the END of Wall 3 add:- Push Hips Right, Hold.**

**At the END of Wall 4 add:- Push Hips Right, Hold, Left, Hold, Right, Hold.**

**At the END of Wall 5 add:- Push Hips Right, Hold.**