

# My Brother Ain't Heavy

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Salfoo (Malaysia) (March 2020)

**Music:** He Ain't Heavy, He's My Brother by The Osmonds

**Intro: On the word 'long'**

**\*\*\* 1 RESTART/ NO TAGS (Wall 6 after 16 Counts)**

**[01-08] SYNCOPATED FORWARD ROCKS, RUN BACK L, R, L, BACK, RECOVER**

**1-2 & 3-4** Rock R Forward, Recover Onto L, Step R Beside L (&), Rock L Forward, Recover Onto R

**5&6(Take Slow) Run L Backward, Run R Backward, Run L Backward**

**7-8** Step R Backward, Recover Onto L

**[09-16] SHUFFLE FORWARD, SIDE, RECOVER, TOGETHER, SHUFFLE FORWARD, FORWARD, RECOVER, 1/4 L**

**1&2** Step R Forward, Close L Beside R, Step R Forward

**3&4** Step L To L, Recover Onto R, Close L Beside R

**5&6** Step R Forward, Close L Beside R, Step R Forward

**7&8** Step L Forward, Recover Onto L, Make a 1/4 L Turn Step L To L

**RESTART Wall 6, After 16 Counts**

**[17-24] CROSS, SIDE, WEAVE , SIDE, RECOVER, SAILOR STEP**

**1-2 3&4** Cross R Over L, Step L To L, Cross R Behind L, Step L To L, Step R Forward

**5-6** Step L To L, Recover Onto R,

**7&8** Step L Behind R, Step R To R, Step L To L (Angle Body To L)

**[25-32] CHASE TURN, DOROTHY STEP, MAMBO STEP**

- 1-2 3-4** Step R Forward, Make a 1/2 L Turn, Step R Forward, Make a 1/2 L Turn
- 5-6 &** Step R Diagonally Forward, Lock L Behind R, Step R Diagonally Forward (&)
- 7&8** Rock L Forward, Recover Onto R, Step L Beside R

**START AGAIN...HAVE FUN!**

**Ending: Counts 15 &16, Change Steps To Forward, Pivot 1/2 R, Forward To Face Front.**

**Dedicated to my Brother, Roger Foo.**

**Contact: [salfoo@yahoo.com](mailto:salfoo@yahoo.com)**