

Rise

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Count: 48

Wall: 1

Level: Intermediate

Choreographer: Stefano Civa - April 2019

Music: Rise by Caroline Jones

Start dancing after 16 counts

ROCK STEP, HEEL SWITCHES, ROCK STEP $\frac{1}{4}$ RIGHT, SHUFFLE $\frac{1}{2}$ LEFT

- 1-2 Rock right fwd, recover to left
- &3&4& Step right back, heel left fwd, return, heel right fwd, return
- 5-6 Rock step left $\frac{1}{4}$ right, recover to right
- 7&8 Shuffle left $\frac{1}{2}$ turn left (L,R,L)

STOMP $\frac{5}{8}$ TURN LEFT, HOLD, COASTER STEP, KICK BALL CHANGE, ROCK STEP

- 1-2 Stomp right $\frac{5}{8}$ turn left (diagonal at 4:30), hold
- 3&4 Coaster step left
- 5&6 Kick ball change right
- 7-8 Rock step right fwd, recover to left

SHUFFLE $\frac{5}{8}$ TURN RIGHT, ROCK SIDE $\frac{1}{4}$ RIGHT, WAVE, ROCK SIDE

- 1&2 Shuffle right $\frac{5}{8}$ turn right (R,L,R) (return at 12:00)
- 3-4 Rock left side $\frac{1}{4}$ turn right, recover to right
- 5&6 Cross left behind right, step right side, cross left over right
- 7-8 Rock right side, recover to left

ROCK BACK, ROCK SIDE $\frac{1}{4}$ TURN, ROCK BACK, SHUFFLE FORWARD

- 1-2 Rock right back, recover to left
- 3-4 Rock right side $\frac{1}{4}$ turn left, recover to left
- 5-6 Rock right back, recover to left
- 7&8 Shuffle right fwd (R,L,R)

CHASSE' $\frac{1}{4}$ TURN RIGHT, CHASSE' $\frac{1}{4}$ TURN RIGHT, ROCK STEP, COASTER STEP

- 1&2 Shuffle $\frac{1}{4}$ turn right (L,R,L)

- 3-4 Shuffle $\frac{1}{4}$ turn right (R,L,R)
5-6 Rock left fwd, recover to right
7&8 Coaster step left

CHASSE' $\frac{1}{4}$ TURN LEFT, CHASSE' $\frac{1}{4}$ TURN LEFT, ROCK STEP, COASTER SCUFF

- 1&2 Shuffle $\frac{1}{4}$ turn left (R,L,R)
3-4 Shuffle $\frac{1}{4}$ turn right (L,R,L)
5-6 Rock right fwd, recover to left
7&8 Right Coaster step scuff

REPEAT

TAG 1 = 22 counts

After 32 counts on the 2nd at 5th wall

SLIDE $\frac{1}{4}$ TURN RIGHT X 4, ROCK STEP, COASTER STEP, STEP, SCUFF

- 1-4 Slide left side $\frac{1}{4}$ turn right, i move my right foot with my left hand
5-8 Slide right side $\frac{1}{4}$ turn right, i move my left foot with my left hand
1-4 Slide left side $\frac{1}{4}$ turn right, i move my right foot with my left hand
5-8 Slide right side $\frac{1}{4}$ turn right, i move my left foot with my left hand
1-2 Rock step right, recover to left
3&4 Coaster step right

5-6step left forward, scuff right

TAG 2 = 2 counts

After 18 counts on the 3rd, 6th, 8th wall

STEP, SCUFF

- 1-2 Step left fwd, scuff right

TAG 3 = 2 counts - After 30 counts on the 4th

STEP, STOMP

- 1-2 Step right fwd, stomp left

FINAL

ROCK STEP, COASTER STEP, STOMP

45-46 Rock step right, recover to left

47&48 Coaster step right

1 Stomp left

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