

# Overglow

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Val O'Connor (March 2020 )

**Music:** Overglow By Adam Lambert (3.32 mins ) Album: Velvet or Overglow Live sessions

## **Intro: 32 Counts - BPM: 113**

### **PRISSY WALKS RL ,R LOCK STEP, CROSS L, HITCH R, R BEHIND SIDE CROSS**

**1-2-3&4** Walk forward R in front L, walk fwd L in front R, step fwd R, (&) lock L behind R, step fwd R

**5-6-7&8** Cross L over R, hitch R facing R diagonal, cross R behind L, (&) 1/8 th L step L to L side, cross R over L

### **SIDE L HOLD, SIDE L TOUCH R, R KICK BALL CROSS, R SIDE ROCK**

**1-2& 3-4** Step L to L side, Hold for 1 count, (&) step R next to L, step L to L side, touch R toe next to L

**5&6-7-8** Kick R to R diagonal, (&) step down on R, cross L over R, R side rock, recover on L

### **1/4 R SAILOR STEP, L FORWARD ROCK, BACK L DRAG R HEEL, R COASTER STEP**

**1&2-3-4** Cross R behind L, (&) ¼ R step L to L side, step fwd on R, rock fwd on L, recover back on R (3)

**5-6-7&8** Long step back on L, drag R heel towards L, step back on R, (&) step L next to R, step fwd on R

### **CROSS L, POINT R, R HITCH BALL CROSS, R SIDE ROCK, R BEHIND ¼ L STEP FORWARD R**

**1-2-3&4** Cross L over R, point R to R side, hitch R, (&) step down on R, cross L over R

**5-6-7&8R side rock, recover on L, cross R behind L, (&) ¼ L step fwd on L, step fwd on R (12)**

### **Restarts on Wall 2 and Wall 5 ( See bottom of script )**

### **STEP FORWARD L, ½ R PIVOT, L SHUFFLE, ½ L, ¼ L, R CROSS SHUFFLE**

**1-2-3&4** Step fwd L, ½ R step fwd R, step fwd L, (&) step R next to L, step forward L (6)

**5-6-7&8½ L step back on R, ¼ L step L to L side, cross R over L, (&) step L to L side, cross R over L (9)**

### **POINT L, ¼ L, POINT RL, DIG R HEEL, HOLD, L CROSS ROCK**

**1-2-3&4** Point L to L side,  $\frac{1}{4}$  L step down on L, point R to R side, (&) step down on R, point L to L side (6)

**&5-6(&)** Step back on L, dig R heel towards R diagonal (lean slightly back), Hold for 1 count,

**&7-8(&)** Step down on R, cross rock L over R, recover back on R

### **LONG STEP TO L, DRAG R, CROSS L OVER R, SIDE R, SWAY LR, $\frac{1}{4}$ L SAILOR**

**1-2&3-4** Long step to L side on L, drag R towards L, (&) step down on R, cross L over R, step R to R side

**5-6-7&8** Sway L to L side, sway R to R side, cross L behind R, (&)  $\frac{1}{4}$  L step R to R side, step L to L side (3)

### **CROSS SIDE SAILOR HEEL, CROSS $\frac{1}{4}$ L, $\frac{1}{2}$ L SHUFFLE**

**1-2-3&4** Cross R over L, step L to L side, cross R behind L, (&) step back on L, dig R heel to R diagonal

**&5-6-7&8(&)** Step down on R, cross L over R,  $\frac{1}{4}$  L step back R,  $\frac{1}{2}$  L step fwd L, (&) step R next to Left, fwd L (6)

### **Restarts: Wall 2 and Wall 5 Dance the first 30 counts then replace 7&8**

**7-8** Cross R behind L,  $\frac{1}{4}$  L step forward on L, Restart from the beginning

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