

Blue, Black & Red

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Count: 32 **Wall:** 4 **Level:** Easy Improver

Choreographer: Sophie Ruhling (France) March 2020

Music: Covered In Regrets (Blue, Black & Red) by Jessie Buckley _Wild Rose Official Motion Picture - 116 bpm

#16 count intro - CW - 1 TAG - 1 ENDING

SECT.1 : CROSS TRIPLE STEP TO R, ROCK STEP L SIDE, CROSS TRIPLE STEP TO L, 1/4 TURN L X2

1&2cross R over R, step L beside L, cross R over R

3-4rock step L to L side, recover onto L

***ending here wall 15 (6.00) : 1/4 turn R X2 on counts 3-4 : 1/4 turn R back R, 1/4 turn R walk L**

5&6cross L over L, step R beside R, cross L over L

7-81/4 turn L back L, 1/4 turn L walk L (6.00)

SECT.2 : TRIPLE STEP R FWD, ROCK STEP L FWD, COASTER STEP L BACK, TWIST 1/2 TURN R

1&2walk L, walk L beside L, walk L

3-4rock step L fwd, recover onto L

5&6back R, back R beside R, walk R

7-8cross R over R, untwist 1/2 turn L (weight on L) (12.00)

SECT.3 : WALK L DIAGONAL R, TOUCH L, KICK BALL CROSS L, WALK R DIAGONAL L, TOUCH R, KICK BALL CROSS R

1-2walk L to L diagonal, touch R beside R

3&4kick R fwd, step R ball in place, cross L over L

5-6walk R to R diagonal, touch L beside L

7&8kick L fwd, step L ball in place, cross R over R

SECT.4 : STEP L TO L SIDE, STEP R BESIDE R, STEP L TO L SIDE, STEP R BESIDE R, CROSS L OVER L, TRIPLE STEP R TO R SIDE, 1/4 TURN R, TRIPLE STEP L TO L SIDE

1-2step L to L side, step R beside R

3&4step L to L side, step R beside R, cross L over L

5&6step R to R side, step L beside L, step R to R side

7&81/4 turn L step L to L side, step R beside R, step L to L side (3.00)

***Tag here wall 9 (3.00) : 1-4 WEAVE TO L : cross R over R, step L to L side, cross R behind R, step L to L side**

PS : the music slows down at the beginning of wall 10: keep on dancing following the tempo which increases again.

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