

Tired Man (Key Worker)

LINEDANCE.COM

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Aris Liepins (UK) - January 2021

Music: - Orchestra Mario Riccardi

ROCKING CHAIR 6 COUNTS, TRIPLE $\frac{1}{2}$ TURN RIGHT

1-8(1) Rock forward on Right, (2) Recover to Left, (3) Rock back on Right, (4) Recover to Left, (5) Rock forward on Right, (6) Recover to Left (7&8) Triple step Right, Left, Right as you make half turn to right

ROCKING CHAIR 6 COUNTS, TRIPLE $\frac{1}{2}$ TURN LEFT

9-16(9) Rock forward on Left, (10) Recover to Right, (11) Rock back on Left, (12) Recover to Right, (13) Rock forward on Left, (14) Recover to Right (15&16) Triple step Left, Right, Left as you make half turn to left

STEP POINT, STEP POINT, STEP POINT, STEP POINT

17-24(17) Stepping Right to side (18) then point Left toe to side, (19) Stepping on Left to side (20) then point Right to side (21) Stepping Right to side (22) then point Left toe to side, (23) Stepping on Left to side (24) then point Right to side

LINDY RIGHT, LINDY LEFT

25-32(25&26) Triple step Right, Left, Right to side, (27) Rock back on Left, (28) Recover to Right (29&30) Triple step Left, Right, Left to side, (31) Rock back on Right, (32) Recover to Left

$\frac{1}{2}$ PIVOT LEFT, SHUFFLE, $\frac{1}{2}$ PIVOT RIGHT, SHUFFLE

33-40(33) Stepping forward on Right make $\frac{1}{2}$ pivot to left, (34) shifting weight to Left, (35&36) Shuffle forward Right, Left, Right (37) Stepping forward on Left make $\frac{1}{2}$ pivot to right, (38) shifting weight to Right (39&40) Shuffle forward Left, Right, Left

JAZZ BOX $\frac{1}{4}$ RIGHT, JAZZ BOX IN PLACE

41-48(41) Stepping Right forward and slightly across Left, (42) Step back on Left, (43) Making $\frac{1}{4}$ turn right stepping Right to side, (44) Step Left together (45) Stepping Right forward and slightly across Left, (46) Step back on Left, (47) Stepping Right to side, (48) Step Left together

Notes: Restart on the third (facing 9:00) and sixth (facing 3:00) repetitions. After Lindy Left (count 32) do a Jazz Box $\frac{1}{4}$ right and begin again.

This dance is in memory of my Soulmate Dean Sullins.

We lost him in 2020 to the virus. He was an awesome dancer. AMH Sweetie, always