

# Flames

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**Count:** 32                      **Wall:** 4                      **Level:** High Intermediate

**Choreographer:** Hiroko Carlsson (Grafton, Australia) February 2020

**Music:** Flames by R3HAB & ZAYN & Jungleboi

## (Intro: 16 counts)

### [S1] Touch, Rumba Box, 1/2R Turning Shuffle, 3/4L Run

- 1            Touch forward on R
- 2&3        Step R to right, Step L next to R, Step forward on L
- 4&5        Step L to left, Step R next to L, Step back on L
- 6&7        Making a ½ turn right/ shuffle forward R-L-R (6:00)

### 8&1 3/4L circle run L-R-L (9:00)

### [S2] Rock Fwd-1/2R, 2x Syncopated Pivot 1/2R into Stretch, Recover-3/4L Side-Together

- 2&3        Rock forward on R, Recover weight on L, Make a ½ turn right stepping forward on R (3:00)
- 4&5&      Step forward on L, Make a ½ turn right recover weight on R, Step forward on L, Make a ½ turn right recover weight on R
- 6            Step/stretch forward on L
- 7&        Recover weight on R, Make a ½ turn left stepping forward on L (9:00)
- 8&        Make a ¼ turn left stepping R to the side, Step L together\*\* (6:00)

### [S3] Side, Sailor Step, 1/4R Sailor Fwd, Chase Turn 1/2R-Fwd-Chase Turn 1/2L-Fwd

- 1            Big step R to the side
- 2&3        Left sailor step (L behind-R side-L side)
- 4&5        Make a ¼ turn right stepping R behind L, Step L beside R, Step forward on R (9:00)
- 6&7        Step forward on L, Make a ½ turn right recover weight on R, Step forward on L
- &8&        Step forward on R, Make a ½ turn left recover weight on L, Step forward on R (9:00)

### [S4] Cross, 1/4L Fall Away, Fwd, Slow Twist, Recover-Paddle Turn

- 1            Cross L over R
- 2&3        Make a 1/8 turn left stepping back on R, Step back on L, Step back on R

- 4&5** Make a 1/8 turn left stepping L to the side, Step forward on R, Step forward on L (6:00)
- 6 7** Twisting your body to 12:00 over 2 counts (making a ½ turn right slightly bend your knees)
- &8&** Twist back (6:00)/weight recover on L, Step forward on R, Make a ¼ turn left recover weight on L (3:00)

**Repeat**

**Restart on Wall 3 count 16 (12:00)\*\***

**Please feel free to contact me if you need any further information.**

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**(updated: 23/Feb/20)**