

# Flame

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**Count:** 48      **Wall:** 2      **Level:** Easy Intermediate

**Choreographer:** Dee Musk (UK) February 2020

**Music:** 'Flame' - 'Laine Hardy' - Flame (Single).

**Intro 16 Counts. Approx. 10 Secs. Track approx 2 mins 39 secs. BPM 92.**

**Track available from [iTunes.co.uk](https://www.apple.com/itunes)**

**Side, Behind, Side, Cross, Side, Heel, Ball, Cross, Hold, Side, Behind, Side, Cross.**

- 1,2&** Step R to R side, cross step L behind R, step R to R side.
- 3&4** Cross L over R, step R to R side, touch L heel to L diagonal.
- &5,6** Step L beside R, cross R over L, hold count 6.
- &7&8** Step L to L side, cross step R behind L, step L to L side, cross R over L. (12 o'clock).

**Side, Heel, Hold, Ball, Cross, Side, Behind, ¼ Turn R, Step ½ Pivot R, Ball, Step ¼ Turn L.**

- &1,2** Step L to L side, touch R heel to R diagonal, hold count 2.
- &3&4** Step R beside L, cross L over R, step R to R side, cross step L behind R.
- &5,6** Make ¼ Turn R stepping forward on R, step forward on L, make ½ turn R.
- &7,8** Step L beside R, step forward on R, make ¼ turn L. (6 o'clock).

**Cross, Rock, &, Cross, Rock, &, Forward Rock, &, Back Rock.**

- 1,2** Cross rock R over L, recover weight to L.
- &3,4** Step R beside L, cross rock L over R, recover weight to R.
- &5,6** Step L beside R, rock forward on R, recover weight to L.
- &7,8** Step R beside L, rock L back, recover weight to R. (6 o'clock).

**L Dorothy Step, R Dorothy Step, Rock, Recover Sweep, Behind, Side, Cross.**

- 1,2&** Step L forward to L diagonal, cross R behind L, step L forward to L diagonal.
- 3,4&** Step R forward to R diagonal, cross L behind R, step R forward to R diagonal.
- 5,6** Rock forward on L, recover to R sweeping L to behind R.
- 7&8** Cross step L behind R, step R to R side, cross L over R. (6 o'clock).

**R Side, Back Rock, L Side, Back Rock, Hinge ½ Turn L, R Shuffle Forward.**

- 1,2&** Step R to R side, cross rock L behind R, recover weight to R.
- 3,4&** Step L to L side, cross rock R behind L, recover weight to L. **\*\*Restart here during wall 2\*\***
- 5,6** Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side.
- 7&8** Shuffle forward stepping R, L, R. (12 o'clock).

**Cross, Back, Side, Cross, Back, Side, Step, ½ Turn R, Scissor Cross.**

- 1,2&** Cross L over R, step back on R, step L to L side.
- 3,4&** Cross R over L, step back on L, step R to R side.
- 5,6** Step forward on L, make ½ turn R.
- 7&8** Step L to L side, step R beside L, cross L over R. (6 o'clock).

**Restart during wall 2, dance up to and including count 4& of section 5 - begin again facing 12 o'clock wall.**

**Have fun and Enjoy**

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