

Physical

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Junghye Yoon, Yoonjung Lee, Joochan Park. Linedancequeen Korea (February 2020)

Music: Physical - Dua Lipa

Intro: Start after 32 Counts on vocals

Sec 1 : Forward Shuffle, Shuffle 1/2 turn R, Back rock, Kick, Ball, Cross

1&2 Step forward on Rf(1), Close Lf next to Rf(&), Step forward on Rf(2)

**3&4 1/4 turn R stepping Lf to L side(3), Close Rf next to Lf(&), 1/4 turn R stepping back on Lf(4)
(6:00)**

5-6 Rock back on Rf(5), Recover onto Lf(6)

7&8 Kick Rf to diagonal R(7), Close Rf next Lf(&), Cross Lf over Rf(8)

Sec 2 : Side Rock, Cross Shuffle, 1/4 turn R, 1/4 turn R, Forward Shuffle

1-2 Rock Rf to R side(1), Recover onto L(2)

3&4 Cross Rf over Lf(3), Step Lf to L side(&), Cross Rf over Lf(4)

5-6 1/4 turn R stepping back on Lf(5), 1/4 turn R stepping Lf to L side(6)(12:00)

7&8 Step forward on Lf(7), Close Rf next to Lf(7), Step forward on Lf(8)

Sec 3 : 1/4 turn x2 R, Back Rock, Back, Touch, Back, Touch

1-2 1/4 turn R stepping forward on Rf(1), 1/4 turn R stepping Lf to L side(2)(6:00)

3-4 Rock back on Rf(3), Recover onto Lf(4)

5 Step back on Rf as raise R arms so that palms look up(5)

6 Touch Lf next to Rf as make a fist and pull R arms toward body(6)

7 Step back on Lf as raise L arms so that palms look up(7)

8 Touch Rf next to Lf as make a fist and pull L arms toward body(8)

Sec 4 : Forward, 1/2 turn R, Coaster step, Forward, 1/4 turn L, Back, Touch

1-2 Step forward on Rf(1), 1/2 turn R stepping back on Lf(2)(12:00)

3&4 Step back on Rf(3), Close Lf next to Rf(&), Step forward on Rf(4)

5-6 Step forward on Lf(5), 1/4 turn L stepping Rf to R side(6)(9:00)

7-8 Step back on Lf(7), Touch Rf next to Lf(8)

**** Tag : End of wall 2 facing 06:00 & wall 4 facing 12:00**

Sec 1 :Cross, Hold x2, Out, Out, Pose, Hold, Clap x2

1-2 Cross Rf over Lf(1), Hold(2)

3-4 Cross Lf over Rf(3), Hold(4)

&5 Step Rf to R side(&), Step Lf to L side(5)

6 Bend body diagonally to the L and raise both elbows shoulder-high on the side(6)

7&8 Hold(7), Clap to the L x2 (&8)

Enjoy Dance

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