

# Tenderfoot Waltz (L/P)

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**Count:** 24      **Wall:** 1      **Level:** Beginner / Improver - Line / Partner

**Choreographer:** Dick & Nancy Rogers (May 2020)

**Music:** Vaya Con Dios (Justin Johnson) [82 bpm]

## Also:-

**Are You Lonesome Tonight (Tony Anderson String Orchestra) [90 bpm];**

**Broken Heartstrings (Rita MacNeil) [92 bpm]; any slow waltz music 80-110 bpm**

**NOTE: No tags, no restarts. Steps described for Lead. Follow-steps opposite except where noted.**

**Abbrev.: fwd = forward; R = left; L = right; LF = right foot; RF = left foot; Lead = Lead role; Follow = Follow role**

## BALANCE FORWARD AND BACK

**1-3**      Step LF fwd, step RF beside LF, step LF in place

**4-6**      Step RF back, step LF beside RF, step RF in place

**Variation: Swing balance forward and hook balance back: For 1-3, step LF fwd and swing L leg fwd slowly and point fwd or slightly off floor; for 4-6, step RF back and drag LF back to cross L leg in a toe touch or hook.**

## HALF TURNING BOX TO LEFT

**1-3**      Step LF fwd and  $\frac{1}{4}$  turn L, step RF to R, slide LF to RF

**4-6**      Step RF back and  $\frac{1}{4}$  turn L, step LF to L, slide RF to LF

**Variation: For 1-3, complete a  $1\frac{1}{4}$  turn to R by stepping LF fwd with  $\frac{1}{4}$  turn L, step RF small step to R and spin  $\frac{1}{2}$  L, step LF in place and spin  $\frac{1}{2}$  L.**

## CHANGE STEP FORWARD STARTING LF

**1-3**      Step LF fwd, step RF to R, slide LF to RF

## HALF TURNING BOX TO RIGHT

**1-3**      Step RF fwd and  $\frac{1}{4}$  turn R, step LF to L, slide RF to LF

**4-6**      Step LF back and  $\frac{1}{4}$  turn R, step RF to R, slide LF to RF

**Variation: For 1-3, complete a 1¼ turn to L by stepping RF fwd with ¼ turn R, step LF small step to L and spin ½ R, step RF in place and spin ½ R.**

**CHANGE STEP FORWARD STARTING RF**

**1-3** Step RF fwd, step LF to L, slide RF to LF

**START OVER**

**Last Update - 29 May 2020**

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