

Espreme

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Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Marja Urgert & Jan Van Tiggelen (February 2020)

Music: Espreme "By" Musical JM

Intro: 16 Counts

R Chasse, & Hitch with 1/4 Turn R, L Chasse, & Hitch with 1/4 Turn R, R Chasse, & Hitch with 1/4 Turn R, L Chasse, Hitch

1&2&RF. Step side (1) - LF. Close beside RF (&) - RF. Step side (2) - 1/4 Turn R lift L-knee (&) (3:00)

3&4&LF. Step side (3) - RF. Close beside LF (&) - LF. Step side (4) - 1/4 Turn R lift R-knee (&) (6:00)

5&6&RF. Step side (5) - LF. Close beside RF (&) - RF. Step side (6) - 1/4 Turn R lift L-knee (&) (9:00)

7&8&LF. Step side (7) - RF. Close beside LF (&) - LF. Step side (8) - RF. Lift R-knee (&)

Coaster Step, Rock fwd, Recover, 1/2 Turn L, Step fwd, 1/4 Turn L Cross, Side Rock, Recover, Step fwd

1&2RF. Step back (1) - LF. Step together (&) - RF. Step fwd (2)

3&4LF. Rock fwd (3) - RF. Recover (&) - LF. 1/2 Turn L step fwd (4) (3:00)

5&6RF. Step fwd (5) - 1/4 Turn L (&) - RF. Cross over LF (6) (12:00)

7&8LF. Side rock (7) - RF. Recover (&) - LF. Step fwd (8) **Restart Point**

Heel Grind with 1/4 Turn R, Back Rock, Recover X2, Step-Lock-Step Diagonal, Scuff X2

1&2&RF. Step fwd on heel turn toes from L to R (1) - LF. 1/4 Turn R step back (&) - RF. Back rock (2) - LF. Recover (&) (3:00)

3&4&RF. Step fwd on heel turn toes from L to R (3) - LF. 1/4 Turn R step back (&) - RF. Back rock (4) - LF. Recover (&) (6:00)

5&6&RF. Step diagonal R fwd (5) - LF. Lock behind RF (&) - RF. Step diagonal R fwd (6) - LF. Scuff fwd (&)

7&8&LF. Step diagonal L fwd (7) - RF. Lock behind LF (&) - LF. Step diagonal L fwd (8) - RF. Scuff fwd (&)

Cross, Step Diag Back, Dig Heel Diag fwd, Step Together, Touch, Step Diag Back, Dig Heel Diag fwd, Step Together, Cross, Side, Behind & Cross

1&2RF. Cross over LF (1) - LF. Step slightly diagonal L back (&) - RF. Dig heel diagonal R fwd (2)

&3RF. Step together (&) - LF. Touch toe beside RF (3)

&4&LF. Step slightly diagonal L back (&) - RF. Dig heel diagonal R fwd (4) - RF. Step together (&)

5-6-7-8&LF. Cross over RF (5) - RF. Step side (6) - LF. Cross behind RF (7) - RF. Step side (8) - LF. Cross over RF (&) (6:00)

Start Again

Restart: In the 1st, 4th, 7th and 10 wall after count 16 (12:00) Every time you start at 12:00

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