

# Self Control EZ Cha

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Harry Heng (INA) May 2020

**Music:** Self Control by Soraya Arnelas

## **Intro : 48 Counts - 1 Restart On Wall 7 Dance Only 24 Counts**

### **I : Side, Chasse , Cross, Chasse ¼ Turn L**

- 1 - 2**            Step L To Side (1) , Close R Beside L (2)
- 3 & 4**            Step L To Side (3), Close R Beside L (&), Step L To Side (4)
- 5 - 6**            Cross R Over L (5), Recover On L (6)
- 7 & 8**            Step R To Side (7), Close L Beside R (&), Make ¼ Turn R N Step R Forward (8)

### **II : Point Hook, Forward Shuffle 2x**

- 1 - 2**            Point L Forward (1), Hook L (2),
- 3 & 4**            Step L Forward (3) , Lock R Behind L (&), Step L Forward (4)
- 5 - 6**            Point R Forward (5), Hook L (6),
- 7 & 8**            Step R Forward (7) , Lock L Behind R (&), Step R Forward (8)

### **III : Make ¼ Turn Left, Cross Shuffle, Side Rock, Behind Side Cross**

- 1 - 2**            Step L Forward (1), Turn ¼ R Step R To Side (2),
- 3 & 4**            Cross L Over R (3), Step R To Side (&), Cross L Over R (4)
- 5 - 6**            Rock R To Side (5), Recover On L (6)
- 7 & 8**            Cross R Behind L (7), Step L To Side (&), Cross R Over L (8)

### **Restart On Wall 7 After 24 Counts Facing 12:00 To Start**

### **IV : Paddles 2x, Jazzbox**

- 1 - 2**            Step L Forward (1), Make ¼ R Turn Step R To Side (2)
- 3 - 4**            Step L Forward (3), Make ¼ R Turn Step R To Side (4)
- 5 - 8**            Cross L Over R (5) , Step R Back (6), Make ¼ L Stepping L Forward (7), Close R Beside L (8)

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