

# Can't Control Your Feet

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**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Neville Fitzgerald & Julie Harris ( January 2020 )

**Music:** No Strings Attached - Swingrowers (iTunes)

## Start 48 Counts on Vocals.

### Cross, Touch, Kick, Behind Side, Cross , 1/4, 1/2 Shuffle.

**1-3**      Cross step Left over Right, touch Right next to Left, kick Right into Right diagonal

**4&5**      Cross step Right behind Left, step Left to Left side, cross step Right over Left.

**6**      Make 1/4 turn Right stepping back on Left. (3.00)

**7&8 1/4 turn Right stepping Right to side, step Left next to Right, 1/4 turn Right stepping forward on Right. (9.00)**

### Sway, Sway, Sway, Sway, Back, 1/4 Rock, Recover, Back.

**1-2**      Push Left hip forward, recover Right pushing Right hip back.

**3-4**      Push Left hip forward, recover Right pushing Right hip back.

**5-6**      Step back on Left, make 1/4 turn Right rocking Right to side. (12.00)

**7-8**      Recover on Left, step back on Right sweeping Left out to side.

### Behind, Side, Cross, 1/4 Cross Shuffle, Side, Touch, Kick Ball Cross.

**1-3**      Cross step Left behind Right, step Right to Right side, cross step Left over Right.

**4&5**      Make 1/4 turn to Right cross stepping Right over Left, step Left to side, cross step Right over Left. (3.00)

**6-7**      Step Left to Left side, touch Right next to Left.

**8&1**      Kick Right to Right diagonal, step Right next to Left, cross step Left over Right.

### 1/4, 1/2 Shuffle, Rock, Recover, Coaster Step.

**2**      Make 1/4 turn Left stepping back on Right. (12.00)

**3&4 1/4 turn Left stepping Left to side, step Right next to Left, 1/4 turn Left stepping forward on Left. (6.00)**

**5-6**      Rock forward on Right, recover on Left

**7&8**      Step back on Right, step Left next to Right, step forward on Right.

### **Heel. Hold, Ball Walk, Walk, Kick Ball Step, Skate Skate.**

- 1-2 Touch Left heel forward, Hold.
- &3-4 Step Left next to Right, Walk forward Right-Left
- 5&6 Kick Right slightly out to Right corner, step Right next to Left as you dip down, step forward on Left. (Shorty George)
- 7-8 Walk forward (skating) Right-Left.

### **Hitch, Back, Back, Together, Step, 1/4 Cross Shuffle, Side**

- 1-2 Hitch Right knee, step back on Right.
- 3-5 Step Left next to Right, step forward Right, step forward (slow coster step)
- 6&7 Make 1/4 turn Right cross stepping Right over Left, step Left to side, cross step Right over Left. (9.00)
- 8 Step Left to Left side. \*R\*

### **Together, Cross, 1/4, 1/2 Shuffle, Step 1/2 Step.**

- 1-3 Step Right next to Left & at same time flick/kick Left out to side with small jump (pendulum swing) , cross step Left over Right, make 1/4 turn Left stepping back on Right. (6.00)

**4&5 1/4 turn Left stepping Left to side, step Right next to Left, 1/4 turn Left stepping forward Left. (12.00)**

- 6-8 Step forward Right, pivot 1/2 turn Left, step forward Right. (6.00)

### **Rocking Chair, Step 1/2, Step 1/2.**

- 1-2 Rock forward on Left, recover Right.
- 3-4 Rock back on Left, recover Right.
- 5-6 Step forward on Left, pivot 1/2 turn Right.
- 7-8 Step forward on Left, pivot 1/2 turn Right.

**Restart Wall 5 .. Dance Up To & Including count 7 Section 6 then HOLD restart from Beginning :)**

**Tag: End of Wall 6 facing 12.00**

- 1-2 Cross rock Left over Right, recover Right using hips :)
- 3-4 Cross rock Left over Right, recover Right using hips :)

**Last Update - 28 Jan. 2020**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=139180](https://www.linedance.com/index.php?f=dance_view&id=139180)