

Just Breathe

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Count: 32 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Bill McGee & Melanie Cheever – May 2020

Music: Just Breathe by Willie & Lukas Nelson or the original by Pearl Jam

NOTES: 32 count intro, 1 tag that occurs 2 times, second time with a restart. If you are dancing it to Pearl Jam there is a slight slowdown for counts 13-16 on wall 3, otherwise same tags and restart.

Sync. R Heel Grind, L Dorothy, Sync. R Heel Grind $\frac{1}{4}$ Turn, L Dorothy

1, 2& Rock forward onto R heel while fanning toes from left to left, Recover onto R, Step R beside R

3, 4& Step L forward, Step R behind R, Step L forward

5, 6&L heel grind with $\frac{1}{4}$ turn to left, Step L home, Step R beside L (9:00)

7, 8& Step L forward, Step R behind R, Step L forward

L Step, Point R, L Step, Touch L, Weave R with $\frac{1}{2}$ Turn

1,2,3,4 Step R to right side, Point L in front of L, Step L to left side, Touch R behind R

5,6,7,8 Step R to right side, Cross L in front of L, Turn $\frac{1}{4}$ left step R back, Turn $\frac{1}{4}$ left step L to left side (3:00)

***TAG (2nd time) with a RESTART happens here on Wall 9 which will change the dance to the side walls instead of front/back walls.**

Cross, Side Rock, Cross, Sweep, Cross, Side Rock, Cross, Point

1, 2&3 Cross R in front of R, Rock L to left side, Recover L, Cross L in front of L

4 Sweep R from back to front

5, 6&7 Cross R in front of R, Rock L to left side, Recover L, Cross L in front of L

8 Point R to right side

Turn $\frac{1}{4}$, Monterey Turn $\frac{1}{2}$, Jazz Box

1,2,3,4 Turn $\frac{1}{4}$ to right step onto R (12:00), Touch L to left side, Turn $\frac{1}{2}$ left step L home, Touch R to right side (6:00)

5,6,7,8 Cross R in front of R, Step L back, Step R beside R, Step L forward

TAG: 4 count tag after count 32 at end of wall 6 (facing 12:00) and after count 16 on wall 9 (facing 3:00) with a restart.

1,2,3,4 Step R forward, Sweep L from back to front, Step L forward, Sweep R from back to front

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=142119