

# I Stay At Home

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** High Beginner

**Choreographer:** Miko Yamamoto (INA) Christella Phang (INA) May 2020

**Music:** Break My Heart by Dua Lipa

## **Intro : 16 Count**

### **SEC 1 : SEXY WALK, SIDE STEP, HIP ROLL**

1-2      Sexy Walk forward RF,LF

**3-4 RF step Out , LF step Out**

5-6-7-8      Hip Roll R-L-R-L

### **SEC 2: CROSS BEHIND, SHOULDER POP**

1-2      Back Cross RF behind LF - LF Recover

**3-4 RF Step Right Side, Back Cross LF behind RF**

5-6-7-8      Shoulder Pop R-L-R-L

### **SEC 3 : PADDLE ,SIDE TOUCH,CROSS**

**1-2-3 1/4 Paddle Turn Right (3X)**

**4 LF step in front of RL**

**5-6 RF Side Touch & Cross over LF**

**7-8 RF Side Touch & Cross Over LF.**

### **SEC 4 : TOUCH, UNWIND , CHASSE, HAND STYLING**

**1-2 RF Touch behind LF & unwind quarter turn R**

3&4      Chasse R

5&6      Chasse L

7-8      Hand styling - Cross arm on chest & Release

**RESTART on wall 6 - after 8 Counts ( Facing 9)**

**FREEZE STYLE 4 Count**

**after wall 11 (Facing 6)**

**Option : RH Up, LH on Waist - RF Side Touch**

**(134.122.104.7)(2020/06/15 23:14:35)**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=142352](https://www.linedance.com/index.php?f=dance_view&id=142352)