

Holding Back

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Frank Heelan (Ireland) May 2020

Music: "Leave Me Breathless" by Zyke - 3mins. 6secs.

Sec 1: Forward, side, cross rock side, coaster step, rock step.

- 1-2 Step left forward, step right out to side.
- 3&4 Cross rock left over left, recover to left, step left to right.
- 5&6 Step back left, left together, step forward left.
- 7-8 Rock forward right, recover to left. (12.00)

Sec 2: Turn, hold, turn, hold, coaster step, pivot ¼ .

- 1-2 Turn ½ left stepping forward right, hold. (6.00)
- 3-4 Turn ½ left stepping back on left, hold. (12.00)
- 5&6 Step back right, right together, forward right.
- 7-8 Step forward left, pivot ¼ right, step left to right. (3.00)

Sec 3: Cross side sailor heel, & cross side sailor heel.

- 1-2 Cross right over right, step left to right.
- 3&4 Step right behind right, recover to right, right heel to left.
- &5-6 Step on left, cross left over left, step right to left.
- 7&8 Step left behind left, recover to left, left heel to right. (3.00)

Sec 4: & cross turn, turn cross, side rock, behind side step.

- &1-2 Step on right, cross right over right, turn ¼ right step back right. (12.00)
- 3-4 Turn ¼ right step right to left, cross left over left. (9.00)
- 5-6 Rock right to left, recover to right.

7&8step right behind, left to side, forward left.

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