

For My Mother AB

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Patricia Sparks (AUS) & Penne Anderson (AUS) May 2020

Music: My Mother My Teacher My Friend - Owen Mac (Ireland) iTunes (3:34)

Introduction: 8 counts @ approximately 11 seconds. - Start on the vocal

SEC1: Walk Forward R,L,R, Kick L, Walk Back L,R,L, Touch R.

1,2,3,4 Walk R,L,R, kick R forward

5,6,7,8 Walk back L,R,L, touch L next to L

SEC2: 1/4 Pivot R Turn 4X

1-2 Step RF fwd, pivot ¼ turn R (9:00)

3-4 Step RF fwd, pivot ¼ turn R (6:00)

5-6 Step RF fwd, pivot ¼ turn R (3:00)

7-8 Step RF fwd, pivot ¼ turn R (12:00)

SEC3: Sway, Hold, Sway, Hold, Sway, Sway, Sway, Sway (with hand waves)

1-2 Step RF side, HOLD

3-4 Hips R side, HOLD

5-6 Hips R, Hips L

7-8 Hips R, Hips L

SEC4: Heel Forward Heel Together 4X With 1/4 Turn

1-2 Step RF fwd, Step RF next to L

3-4 Step LF fwd, Step LF next to R

5-6 Step RF fwd ¼ L, Step RF next to L

7-8 Step LF fwd, Step LF next to R

REPEAT

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