

# Shallow

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**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Sophie Stevens (UK) January 2020

**Music:** Shallow by Lady Gaga & Bradley Cooper

**Music available on iTunes and [www.amazon.co.uk](http://www.amazon.co.uk)**

## #24 Count Intro

### **S1: Rock back, Cross, Hold, Side Rock, Cross Sweep.**

- 1, 2      Rock back on the Right, Recover Left,
- 3, 4      Cross Right over Left, Hold for count 4,
- 5, 6      Step Left to Left side, Recover onto Right,
- 7, 8      Cross Left over Right, Sweep Right over Left.

### **S2: Weave Left, Cross Rock Recover, Quick Weave Right.**

- 1, 2      Cross Right over Left, Step Left to Left side,
- 3, 4      Cross Right behind Left, Step Left to Left side,
- 5, 6      Cross Rock Right over Left, Recover Left,

### **(Quick Weave Right: Side, Cross, Side, Behind, Side)**

- & 7 & 8 &      Step Right to Right side, Cross Left over Right, Step Right to Right side, Cross Left behind Right, Step Right to Right side.

### **S3: Walk, Hitch, Walk, Hitch, Rock Recover, Step Sweep.**

- 1, 2      Step forward Left, Hitch Right,
- 3, 4      Step forward Right, Hitch Left,
- 5, 6      Rock forward Left, Recover back Right,
- 7, 8      Step forward Left, Sweep Right over Left.

### **S4: Forward Tap, Back Tap, Step Sweep, Forward Tap.**

#### **(On the Left Diagonal)**

- 1, 2      Step forward Right, Tap Left beside Right,
- 3, 4      Step back Left, Tap Right beside Left,

5, 6 Step forward Right, Sweep Left over Right,

**(Straighten up to front)**

7, 8 Step forward Left, Tap Right beside Left.

**S5: Back, Sweep, Back, Sweep, Rock Back Recover, Full Turn, Step.**

1, 2 Step back Right, Sweep Left from front to back,

3, 4 Step back Left, Sweep Right from front to back,

5, 6 Rock back Right, Recover forward Left,

& 7, 8 Full Turn Left stepping forward Right, Left, Step forward Right.

**S6: Step, Hitch, Back, Hook, Step, Sweep ¼ Turn, Cross, Side.**

1, 2 Step forward Left, Hitch Right,

3, 4 Step back Right, Hook Left over Right,

5, 6 Step forward Left, Sweep Right over Left ¼ Turn Left,

7, 8 Cross Right over Left, Step Left to Left side.

**S7: Behind, Hold, Side, Cross, Hold, Quick Weave Left.**

1, 2 Cross Right behind Left, Hold on count 2,

& 3, 4 Step Left to Left side, Cross Right over Left, Hold on count 4,

**(Quick Weave Left: Side, Behind, Side, Cross, Side, Behind, Side)**

& 5 & 6 Step Left to Left side, Cross Right behind Left, Step Left to Left side, Cross Right over Left,

& 7, 8 Step Left to Left side, Cross Right behind Left, Step Left to Left side.

**S8: Sway 1,2,3, Hold 4, Cross unwind, Side.**

1, 2 Sway Right, Sway Left,

3, 4 Sway Right, Hold count 4,

5, 6 Cross Left over Right, Unwind turning Right,

7, 8 Step Left to Left side.

**Restart: One restart on wall 2 after count 16.**

**Ending: The dance ends at the front wall after the sweeps back.**