

# Take it to the Heart

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**Count:** 80      **Wall:** 2      **Level:** Phrased Intermediate

**Choreographer:** Judy Rodgers (USA) January 2020

**Music:** Take it to the Heart by Anthony Callea; Amazon.com

## #16 count intro

**sequence:** A, B, C, C, tag, A, B, C, C, A16+, B, C, C, C, C, Ending

**start wall:** 12,12,12, 6, 12,..12,12,12, 6, 12....6, 6, 12, 6, 12 .. 6

## Section A (32 counts):

### S1: Side, drag, cross rock, side, drag, cross, turn 1/4 L

**1-4** Step L big step to left side, drag R to L, rock R over L, recover L

**5-8** Step R big step to right side, drag L to R, cross L over R, turn 1/4 left step R back 9:00

### S2: Turn 1/4 L step, sweep, step, sweep, cross, back, side, touch

**1-4** Turn 1/4 left step L fwd, sweep R back to front, step R fwd, sweep L back to front 6:00

**5-8** Cross L over R, step back R, step L to left side, touch R beside L

**A16+ : (3rd time at section A)- dance S1 and S2, add 'step R to right, step L beside R' and go to section B**

### S3: Side rock, cross, side, behind, turn 1/4 L, point, hold

**1-4** Rock R to right side, recover L, cross R over L, step L to side

**5-8** Step R behind L, turn 1/4 left step L fwd, point R to right side, hold 3:00

### S4: Turn 1/2 R, point, cross, side, behind, turn 1/4 R, step, touch

**1-4** Turn 1/2 R step R beside L, point L to left, cross L over R, step R to side 9:00

**5-8** Step L behind R, turn 1/4 right step R fwd, step L fwd, touch R beside L

## Section B (16 counts):

### S1: Turn 1/4 R, hold, turn 1/2 R, hold, sway, sway, sway, hold

**1-8** Turn 1/4 right step R fwd, hold, turn 1/2 right step L back, hold, sway R, sway L, sway R, hold 9:00

**S2: Side, behind, turn 1/4 L shuffle, step turn 1/2 L, step, touch**

**1-8** Step L to side, step R behind L, turn 1/4 L shuffle fwd, step R fwd, turn 1/2 L step L, step R, touch L 12:00

**Section C (32 counts.....danced on the chorus 'take it to the heart'):**

**S1: Side, together, shuffle, cross rock, shuffle side**

**1-2,3&4** Step L to left side, step R beside L, shuffle left L R L

**5-6,7&8** Rock R over L, recover L, shuffle right R L R

**S2: Cross, turn 1/4 L, step lock step, rock recover, turn 1/2 L shuffle**

**1-2-3&4** Cross L over R, turn 1/4 L step R back, step L back, lock R over L, step L back 9:00

**5-6-7&8** Rock R back, recover L, turn 1/2 left shuffle back R L R 3:00

**S3: Turn 1/4 L side rock, cross shuffle, side rock, cross shuffle**

**1-2-3&4** Turn 1/4 L rock L to side, recover R, cross L over R, step R to right side, cross L over R 12:00

**5-6-7&8** Rock R to right side, recover L, cross R over L, step L to left side, cross R over L

**S4: Turn 1/4 R, turn 1/4 R, shuffle, rock recover, coaster step**

**1-2-3&4** Turn 1/4 right step L back, turn 1/4 right step R to right side, shuffle fwd L R L 6:00

**5-6-7&8** Rock R fwd, recover L, step R back, step L beside R, step R fwd

**Note: Dance 'section C' 2 times the first 2 times thru, and 4 times the last time thru (sequence above)**

**Tag: after 2nd 'section C' (see seq:), add 4 cnts: (rocking chair) rock L fwd, rec R, rock L back, rec R**

**Ending: After dancing 'C' for the 4th time (last time)....add 'Step L, turn 1/2 R, step L fwd, touch**