

# Instructions

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**Count:** 64      **Wall:** 1      **Level:** Phrased Advanced

**Choreographer:** Sobrielo Philip Gene (Singapore) January 2020

**Music:** Instruction by Jax Jones Feat Demi Lavato & Stefflon Don

**Sequence: AABC, AABC, AAB TAG C, AAB**

**PART A: 16 counts**

**A1: BEHIND 1/4 SIDE, TWISTS 1/4 HITCH, FORWARD ROCK RECOVER HITCH, SHUFFLE FORWARD**

- 1&2** Step right behind left (1), making 1/4 left step left forward (&), step right to right (2)(9:00)
- 3&4** Twist both heels to right (3), twist both heels to left(&), making 1/4 left twist right heel to right while hitching left (4)(6:00)
- 5-6** Rock left forward (Bending body forward) (5), recover weight onto right while hitching left(6)
- 7&8** Step left forward (7), step right beside left (&), step left forward (8)

**A2: ROCK RECOVER TRIPLE FULL TURN, CROSS SIDE SAILOR STEP**

- 1-2** Rock right forward (1), recover weight onto left (2)
- 3&4** Making 1/2 right step right forward (3), making 1/4 right step left beside right (&), making 1/4 right step right slightly forward (4)
- 5-6** Cross left over right (5), step right to right (6)
- 7&8** Step left behind right (7), step right slightly to right (&), step left to left (8)(6:00)

**PART B : 32 counts**

**B1: CROSS, SIDE ROCK 1/8 FORWARD, STEP, MAMBO FORWARD, WALK BACK**

- 1** Cross right over left
- 2&3** Rock left to left (2), recover weight onto right (&) making 1/8 right step left forward (3)
- 4** Step right forward (4) (1:30)
- 5&6** Rock left forward (5), recover weight onto right (&) step left beside right (6)
- 7-8** Step right back (7), step left back (8) (1:30)

**B2: SHUFFLE FORWARD, ROCK RECOVER HITCH, STEP BACK SWEEP, BEHIND SIDE 1/4**

- 1&2** Making 1/4 right step right forward (1), step left beside right (&), step right forward (2) (4:30)
- 3-4** Rock left forward and hitch right behind left (3), recover weight onto right and sweep left front to back (4)
- 5-6** Step left back and sweep right back to front (5), Step right back and sweep left front to back (6)
- 7&8** Step left behind right (7), making 1/8 right step right to right (&) 1/8 right step left forward (8) (7:30)

### **B3: STEP BALL STEP RIGHT, STEP BALL STEP LEFT, ROCK RECOVER SHUFFLE BACK**

- 1-2&** Step right diagonally forward right (1), step left beside right (2), step right beside left (&)
- 3-4&** Step left diagonally forward left (3), step right beside left (4), step left beside right (&)
- 5-6** Rock right forward (5), recover weight onto left
- 7&8** Step right back (7), step left beside right (&), step right back (8) (7:30)

### **B4: BEHIND 1/4 STEP FORWARD, LOCK STEP JAZZ BOX 1/8 CROSS**

- 1-2** Step left behind right (1), 1/4 right step right forward (2) (10:30)
- 3&4** Step left forward (3), lock right behind left (&), step left forward (4)
- 5-6** Cross right over left (5), step left slightly back (6)
- 7-8 1/8 right step to right (7), cross left over right (8) (12:00)**

### **Note Part B IS ALWAYS DANCE ON A DIAGONAL**

### **PART C: 16 counts**

### **C1: STEP SIDE TOUCH BACK HOLD, 1/4 SHUFFLE, STEP SIDE TOUCH BACK HOLD 1/4 SHUFFLE**

- &1-2** Step right to right (&), touch left behind right (1), hold (2)
- 3&4 1/4 left step left forward (3), step right beside left (&), step left forward (4) (9:00)**
- &5-7** Step right to right (&), touch left behind right (5), hold (6)
- 7&8 1/4 left step left forward (7), step right beside left (&), step left forward (8) (6:00)**

### **C2: SIDE ROCK BACK RECOVER, SIDE ROCK BACK RECOVER, VOLTA 1/2, STEP SIDE**

- 1-2&** Step right to right (1), rock left behind right (2), recover weight onto right (&)

- 3-4&** Step left to left (3), rock right behind left (4), recover weight onto left (&)
- 5&** Step right  $\frac{1}{4}$  right forward (5), lock left behind right (&) (9:00)
- 6&** Step right  $\frac{1}{8}$  right forward (6), lock left behind right (&) (10:30)
- 7-8** Step right  $\frac{1}{8}$  right forward (7), step left to left (8) (12:00)

**TAG: 16 counts**

**POINT FORWARD, POINT SIDE BEHIND SIDE CROSS, SIDE ROCK SAILOR  $\frac{1}{2}$  TURN**

- 1-2** Point right forward (1), point right to right (2)
- 3&4** Step right behind left (3), step left to left (&), cross right over left
- 5-6** Rock left to left (5), recover weight onto right (6)
- 7&8 $\frac{1}{4}$  left step left back (7),  $\frac{1}{4}$  left step right to right (&), step left to left (8) (6:00)**

**Repeat above 8 counts which will end at 12:00**