

Midland Cha

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Tina Argyle - January 2020

Music: Put The Hurt On Me by Midland - single download (also on Let It Roll Album)

No Tags No Re-Starts

Count In : 32 counts from start of track approx 19 seconds in

Side Together Forward, L Shuffle Back.Rock Back, Recover, Shuffle Forward

- 1,2,3** Step R to right side, close L at side of R, step forward R
- 4&5** Step back L, close R at side of L, step back L
- 6 -7** Rock back R, recover weight onto L
- 8&1** Step forward R, close L at side of R, step forward R

Step ¼ Turn, Cross Shuffle. Side Rock Recover, Cross, Side, Cross Rock

- 2 -3** Step forward L, make ¼ turn right onto R (3 o'clock)
- 4&5** Cross L over R, step R to right side, cross L over R
- 6 -7** Rock R to right side, recover weight onto L
- 8 &1** Cross R over L, step L to left side, Cross rock R over L

Recover, Step Side. Samba Step. Cross, Side, Sailor ¼ Turn

- 2 -3** Recover weight back onto L, Step R to right side
- 4 &5** Cross L over R, Step R in place, Step L to left side
- 6 -7** Cross R over L, Step L to left side
- 8 &1** Make ¼ turn right stepping back R, step L at side of R, Step R in place (6 o'clock)

Skate Forward x2. Shuffle. ½ Pivot Turn ¼ Chasse

- 2 -3** Skate forward L then R
- 4 &5** Step forward L, Close R at side of L, Step forward L
- 6 -7** Step forward R, Make ½ turn left onto L (12 o'clock)
- 8&** Make ¼ turn L stepping R to right side, Close L at side of R (9 o'clock)

(1) Step R to right side to start the dance again

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Last Update - 15 Jan 2020 -R2

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=138677