

Be Still My Heart

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Khansa & Khansa (INA) – June 2020

Music: We Could Be In Love by Lea Salonga & Brad Kane

Intro: 8 counts - 1 RESTART (on wall 5 facing 12.00)

RUMBA BOX WITH SHUFFLE

- 1 - 2 Step L to side - R beside R
- 3 & 4 Forward shuffle on R-L-R
- 5 - 6 Step R to side - L beside L
- 7 & 8 Back shuffle on L-R-L

(*Restart here on wall 5)

BACK ROCK, FORWARD SHUFFLE, PIVOT ½ RIGHT, FORWARD SHUFFLE

- 1 - 2 Rock L back - recover on L
- 3 & 4 Forward shuffle on R-L-R
- 5 - 6 Step R forward - turn ½ left (6.00)
- 7 & 8 Forward shuffle on L-R-L

¼ TURN LEFT , CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1 - 2 Turn ¼ right rock L to side - recover on R (3.00)
- 3 & 4 Cross L over R - step R to side - cross L over L
- 5 - 6 Rock R to side - recover on R
- 7 & 8 Cross R over L - step L to side - cross R over R

ROCKING CHAIR, SWAY

- 1 - 2 Rock L forward - recover on L
- 3 - 4 Rock L back - recover on L
- 5 - 8 Sway hips to left - right - left - left

***RESTART : happens on wall 5 after 8 counts**

Stay safe and have fun !!!!!

Contact email : fajarindah616@gmail.com

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=142795