

# Keep Up

LINEDANCE.COM

**Count:** 48      **Wall:** 2      **Level:** Improver

**Choreographer:** Laura Stanton & Stephen Pistoia – April 2020

**Music:** RaeLynn - Keep Up ( iTunes )

## **Intro: 16 counts - Direction: CW**

### **FORWARD DIAGONAL TOE STRUT RIGHT & LEFT, COASTER STEP**

**1-4**      Touch right forward in diagonal, drop heel, touch left forward diagonal, drop heel

**5-8**      Step right back, step left together, step right forward, hold

### **FORWARD DIAGONAL TOE STRUT LEFT & RIGHT, SWEEP SAILOR STEP 1/4 TURN LEFT**

**1-4**      Touch left forward diagonal, drop heel, touch right forward diagonal, drop heel

**5-8**      Sweep left back, step right together, step left forward 1/4 turn to left

### **V STEP FORWARD ON HEELS, TRIPLE STEP**

**1-4**      Step right heel forward diagonal, hold, step left heel forward diagonal, hold

**5-8**      Step right back, step left together, step right in place, hold

### **WEAVE LEFT, STEP LEFT FORWARD 1/4 TURN LEFT, HOLD**

**1-4**      Step left to side, step right behind, step left to side, cross right over left

**5-8**      Step left to side, step right behind, step left forward 1/4 turn to left, hold

### **STEP RIGHT FORWARD, HOLD, KICK LEFT, HOLD, COASTER STEP**

**1-4**      Step right forward, hold, kick left forward, hold

**5-8**      Step left back, step right together, step left forward, hold

### **STEP RIGHT FORWARD, HOLD, KICK LEFT, HOLD, SWEEP SAILOR 1/4 TURN LEFT**

**1-4**      Step right forward, hold, kick left forward, hold

**5-8**      Sweep left back 1/4 turn to left, step right together, step left forward, hold

**\*ENDING: After 48 counts of wall 9 (12.00), you'll be facing 3.00 after the sweep sailor 1/4 turn left. Dance as follows: Run forward Right-Left-Right in a circle for a 1/4 turn left with attitude.**

**\*WALL SEQUENCE: 12,3,6,9,12,3,6,9,12**

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