

# Unchain My Heart Cha

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Tina Chen Sue-Huei (April 2020)

**Music:** Unchain My Heart (Dj Cucky Remix) by Soul Project Rx

## **Intro: 32 Counts**

### **Tag (4 Counts):End Of Wall-5 Facing 9:00**

1-2            Side Step R, Touch L Beside R

3-4            Side Step L, Touch R Beside L

## **Main Dance (32 Counts)**

### **SI.Fwd R-L Toe Struts - Fwd Touch Recover - L Coaster Step**

1-2            Step R Toe Fwd, Drop R Heel

3-4            Step L Toe Fwd, Drop L Heel

5-6            Touch R Toe Fwd, Back Step R

7&8            Back Step L, Tog Step R, Fwd Step L

### **SII.Diag Fwd R-L Shuffle - Fwd ½ L - Fwd ¼ L**

1&2            Diag Fwd Shuffle On RLR

3&4            Diag Fwd Shuffle On LRL

5-6            Fwd Step R, Pivot ½ L Turn Step On L (6.00)

7-8            Fwd Step R, Pivot ¼ L Turn Side Step L (3.00)

### **SIII. (Cross Back - Back Cross) 2X**

1-4            Cross R Over L, Back Step L, Back Step R, Cross L Over R

5-8            Back Step R, Back Step L, Cross R Over L, Back Step L

### **SIV.Back Rock Recover - ½ L Triple - Back Rock Recover - Fwd Shuffle**

1-2            Back Rock R, Recover On L

### **3&4½ L Turn Triple Steps On RLR (9.00)**

5-6            Back Rock L, Recover On R

7&8            Fwd Shuffle On LRL

**Happy Dancing!**

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