

Back In My Life Linedance

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Youngran Na (Korea) - April 2020

Music: Back in My Life by por Fly Project

****2 Restarts: During Wall3, Wall 5, after 44 counts**

Section 1 Lindy R, Lindy L

1&2 Step R to R side, Step L next to R, Step R to R side

3-4 Rock step back L, Recover to R

5&6 Step L to L side, Step R next to L, Step L to L side

7-8 Rock step back R, Recover to L

Section 2 Vine R, Touch; Vine L, Touch

1-4 Step R to R side, Step L behind R, Step R to R side, Touch L next to R

5-8 Step L to L side, Step R behind L, Step L to L side, Touch R next to L

Section 3 Out-Out-In-In, R Rocking Chair

1-4 Step R forward to R diagonal, Step L forward to L diagonal, Step R back to centre, Step L next to R

5-8 Rock step R forward, Recover to L, Rock step back R, Recover to L

Section 4 (Side Rock, Cross Shuffle) R&L

1,2,3&4 Rock step R to R side, Recover to L; Cross R over L, Step L to L, Cross R over L

5,6,7&8 Rock step L to L side, Recover to R; Cross L over R, Step R to R, Cross L over R

Section 5 (Side, Together; Triple Steps) R&L

1,2,3&4 Step R to R side, Step L next to R, Triple steps in place R-L-R

5,6,7&8 Step L to L side, Step R next to L, Triple steps in place L-R-L

Section 6 Walk X3, Hitch, Back X3, Touch

1-4 Walk forward R,L,R, Hitch L knee

***** During Wall 3, Wall 5, Count 1-3: Walk forward X3, then on count 4: step on L instead of hitching L Knee, weight is now on L, Restart the dance.**

5-8 Walk back L,R,L, Touch R next to L

Repeat

Happy dancing, stay active, stay healthy, stay safe!

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=141116