

Four Minutes Of Your Time

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Count: 32

Wall: 4

Level: Improver Smooth Cha Cha

Choreographer: Donnie Allen - April 2020

Music: Four Minutes by Chad Cooke Band

Intro: 32 counts

Restarts on Wall 3-7-10 after 20 counts

SIDE ROCK R, CROSS SHUFFLE, SIDE ROCK L, CROSS SHUFFLE

- 1-2** Rock RF to R side, Recover onto LF
- 3&4** Cross RF over LF, Step LF to L side, Cross RF over LF
- 5-6** Rock LF to L side, Recover onto RF
- 7&8** Cross LF over RF, Step RF to R side, Cross LF over RF

STEP R, L TOGETHER (OPTION L LOCK BEHIND), ¼ TURN R SHUFFLE FORWARD, ½ TURN PIVOT R, L SHUFFLE FORWARD

- 1-2** Step RF to R Side, Step LF together (option: L lock behind)
- 3&4 ¼ turn R, Shuffle Forward RF, LF, RF (3:00)**
- 5-6** Step Forward on LF, ½ turn Pivot R stepping on RF (9:00)
- 7&8** Left Shuffle Forward LF, RF, LF

SWAY R, L, R, L, R SHUFFLE FORWARD, ROCK L RECOVER R

- 1-2-3-4** Sway Hips R-L-R-L

(Restarts on Wall 3-7-10)

- 5&6** Shuffle Forward RF, LF, RF
- 7-8** Rock LF Forward, Recover On RF

SHUFFLE ½ TURN L, WALK FORWARD 2 STEPS, RIGHT CROSSOVER JAZZ BOX

1&2 ½ Turn L Shuffle Forward LF, RF, LF (3:00)

- 3-4** Walk Forward RF, LF
- 5-6-7-8** Cross RF over LF, Step back on LF, Step RF to R Side, Cross LF over RF

Real Easy Restarts on Wall 3-7-10 after 20 counts; always after the 4 count sways.

On last wall facing 6:00 do first 16 counts then step out on R turn $\frac{1}{4}$ L to 12:00

Hope you enjoy!! Donnie

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=141388