

Gotta Get Up

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Judy Rodgers - April 2020

Music: Gotta Get Up by Tyrone Wells; Amazon.com

#16 count intro

S1: Kick ball cross & cross & touch, turn 1/4 L, turn 1/2 L, coaster step

- 1&2&3** Kick R fwd, step on ball of R, cross L over R, step R to right, cross L over R
- &4** Step R to right, touch L beside R
- 5-6** Turn 1/4 left step L fwd, turn 1/2 left step R back 3:00
- 7&8** Step L back, step R beside L, step L fwd

S2: Step rock recover, cross turn 1/4 L, rock recover L & rock recover R

- 1&2** Step R fwd, rock L to left side, recover R
- 3-4** Cross L over R, turn 1/4 left step R back 12:00
- 5-6** Rock L to left, recover R
- &7-8** Step L beside R, rock R to right side, recover L

S3: Kick & touch, sailor step, sailor turn 1/4 R, step heel twists

- 1&2** Kick R fwd, step down on R, touch L toe to left
- 3&4** Step L behind R, step R to right, step L to left side
- 5&6** Turn 1/4 right step R behind L, step L to left side, step R to right side 3:00
- 7&8** Step L fwd, twist heels right, center (weight on R)

S4: Rock recover, side rock cross, monterey turn 1/4 R

- 1-2** Rock L back, recover R
- 3&4** Rock L to left side, recover R, cross L over R
- 5-6** Point R toe to right side, turn 1/4 R step R down 6:00
- 7-8** Point L toe to left side, step L beside R

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=141268