

Up & Up

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: EinMerin - March 2020

Music: Up and Up by Coldplay

Section 1. TURN 1/4 L, STEP TOUCH, SIDE, BEHIND, TURN 1/4 R, FORWARD, SIDE, BEHIND, ROCK-RECOVER, BACK DRAG, CLOSE, FORWARD

1&2turn 1/4 left (9.00) step L forward, turn 1/4 right (12.00) touch R next to L, step R side

3&4&cross L behind R, turn 1/4 right (3.00) step R fwd, step L side, cross R behind L

5&6rock L side, recover on R, step L back and drag R back

7-8 Close R together, step L forward

Section 2. SIDE, TOUCH, SIDE, BEHIND, TURN 1/4 L FORWARD L-R, BACK L-R-L, FULL TURN R.

1&2step R side, touch L next to R, step L side

3&4cross R behind L turn 1/4 left (12.00), step L forward, step R forward

5&6step L back, step R back, step L back

7&8step R forward turn right 1/2, step L back turn right 1/2, step R forward

Section 3. STEP SIDE, TOUCH (L-R), SIDE, CLOSE, BIG STEP SIDE, TURN 1/4 R ROCK SIDE R, HOME, KICK BALL TOUCH

1&2&step L side, touch R next to L, step R side, touch L next to R

3&4step L side, close R together, Big step L side

5&6turn 1/4 right (3.00) rock R side and look to the back, turn 1/4 left (12.00) step L in place, close R together BW on R

7&8kick L fwd, close L together, touch R side

Section 4. COASTER STEP, ROCK RECOVER ROCK - JAZZ BOX, TURN 1/4 R WALK

1&2 Step R back, close L together, step R forward

3&4rock L forward, recover on R, rock L forward with Hips style and sweep R side

5&6cross R over L, step L back turn 1/4 right, step R side

7-8step L forward, step R forward

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=140909