

Run To Day

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Count: 32 **Wall:** 4 **Level:** Beginner / Improver

Choreographer: Peter Davenport (ES) March 2020

Music: Good Day To Run - Darryl Worley

#16 Count Intro, Start on Lyrics, Track Length 3.01

S1: Modified Rumba (quick), Side Rock

1.2.3.4 Step L to L, Bring R to L, Step L forward, Step R to R 12

5.6.7.8 Bring L to R, Step back on R, Rock L out to L, Recover on R 12

S2: L Slow Sailor 1/4 L Scuff, Rock Replace, Walk Back R.L (or run back)

1.2.3.4 Slow sailor 1/4 L scuff R through on count 4 9

5.6.7.8 Rock forward on R, Recover on L, Walk back R.L (quick walk) 9

S3: Rock Replace Forward Hold, Rock Forward Replace Step, Walk Back L.R (or run back)

1.2.3.4 Rock back R, Recover L, Step forward R, HOLD 9

5.6.7.8 Rock forward L, Recover R, Walk back L.R (quick walk) 9

S4: Back Point, Cross Point, Jazz Box 1/2 Bring R to L

1.2.3.4 Step back on L, Point R to R, Cross R over L, Point L out to L 9

5.6.7.8 Cross L over R, 1/4 L step back on R, 1/4 L to L, Bring R to L 3

No Tags & No Restart's Thank You Very Much.....

This Track has also been covered by Cole's Country.

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