

A Swing To Quit

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Count: 32 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Fabian Müller – December 2019

Music: Whole Lotta Quit – Randy Houser

Sect 1 SIDE TRIPLE STEP, ROCK BACK, RECOVER, SIDE TRIPLE STEP, TOUCH WITH HIP

- 1 & 2** Step side R – Close L next to R – Step side R
- 3 - 4** Rock step back L – Recover on R
- 5 & 6** Step side L – Close R next to L – Step side L
- 7 - 8** Touch R next to L and lift hip on right side – Set hip to neutral position

Sect 2 SIDE, TOGETHER, STEP FORWARD, ROCK, STEP, RECOVER, ½ SHUFFLE TURN, HEEL, TOE

- 1 & 2** Step side R – Close L next to R – Step forward R
- 3 - 4** Rock forward L – Recover on R
- 5 & 6½ Turn left step side L - Close R next to L - ¼ Turn left step forward L**
- 7 - 8** Touch R heel in front – Touch R toe back

Sect 3 TOE STRUT, TOE STRUT, KICK BALL CHANGE, KICK BALL TOUCH

- 1 - 2** Touch R toe forward – Put weight on R foot
- 3 - 4** Touch L toe forward – Put weight on L foot
- 5 & 6** Kick R forward – Step on ball of R – Step L next to R
- 7 & 8** Kick R forward – Step on ball of R – Touch L next to R

Restart in 12th wall, replace count 7 with step forward and wait until the music starts playing again

Sect 4 SIDE, HOLD, TOGETHER, SIDE, HOLD, TOGETHER, SIDE ROCK, RECOVER, CROSS, TOUCH

- 1 - 2 &** Side step L – Hold – Step R next to L
- 3 - 4 &** Side step L – Hold – Step R next to L
- 5 - 6** Side rock step L – Recover R
- 7 - 8** Cross L in front of R – Touch R next to L

Tag after 2nd and 6th wall

Sect 3 SWAY 2X

1 - 2 Step side R and push hip to right - Hold

3 - 4 Step side L and push hip to left - Hold

Ending Replace Sect 4 Counts 5 - 8

SIDE ROCK, ¼ TURN RECOVER, ¼ TURN

5 - 6 Side rock step L - ¼ Turn right Recover R

7 - 8¼ Turn right and step side L - Finish

Enjoy the dance!

heavymetalcowboy.ch

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