

Mang Chung

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Sally Hung, Taiwan (December 2019)

Music: Mang Chung by Noisemakers ☐ /☐☐☐

Sequence of dance:

Restart after finishing 20 counts of Wall 5, facing 6:00

Tag after finishing Wall 7, facing 12:00

Intro: 20 counts after the 1st beat of musical instrument

Tag (4 counts): Rock Fwd, Recover, Together, Rock Fwd, Recover, Together

1&2 Rock R fwd, recover onto L, step R beside L

3&4 Rock L fwd, recover onto R, step L beside R

Main Dance (32 counts)

S1. CROSS STEP, CROSS STEP, POINT OUT, POINT IN, SIDE, BACK, BACK, ½ L SHUFFLE FWD

1,2,3&4 Step R in front of L, step L in front of R, point R out to R, point R beside L, step R to R side

5,6,7&8 Step back on L, step back on R, ½ turn L shuffle fwd on LRL

S2. CROSS ROCK RECOVER, SIDE ROCK RECOVER, CROSS ROCK RECOVER, SIDE, CROSS, SIDE, CROSS, SIDE, CROSS

1&2& Cross rock R over L, recover onto L, rock R to side, recover onto L

3&4 Cross rock R over L, recover onto L, step R to side

5,6,7&8 Cross step L over R, step R to R, cross step L over R, step R to R, cross step L over R

S3. KICK BALL TOUCH, KICK BALL TOUCH, RUN BACK, COASTER STEP

1&2 Kick R fwd, step on ball of R, touch L to L side

3&4 Kick L fwd, step on ball of L, touch R to R side

5&6 Run back on R-L-R

7&8 Step back on L, step R together, step L fwd

S4. TOE, HEEL, STOMP, FWD, SWIVELS, FWD, PIVOT ¼ TURN L, ROCK FWD, RECOVER, POINT

- 1&2** Touch R toe fwd, touch R heel in place, stomp R
- 3&4** Step L fwd with both heels swivels LRL
- 5,6** Step R fwd, Pivot ¼ turn L
- 7&8** Rock R fwd, recover onto L, point R toes to R side

Happy Dancing!!

Contact Sally Hung: hung1125@gmail.com

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