

# Tight Grip

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**Count:** 32      **Wall:** 2      **Level:** High Beginner

**Choreographer:** Juanita Henson - December 2019

**Music:** Jesus Got a Tight Grip by Blake Shelton

## **Section 1 (1-8) STEP LOCK FORWARD RIGHT AND LEFT, SUGAR FOOT RIGHT AND LEFT.**

**1&2.**Step Right foot forward, lock L foot behind R, step R foot forward.

**3&4.**Step Left foot forward, lock R foot behind L, step L foot forward.

**5&6.**Touch R toe next to L instep, touch R heel next to L instep, stomp R forward.

**7&8.**Touch L toe next to R instep, touch L heel next to R instep, stomp L forward.

## **Section 2 (1-8) SCISSOR RIGHT AND LEFT, EXTENDED RIGHT WEAVE, ROCK RECOVER CROSS.**

**1&2.**Step R foot to the right side, step L foot besides the R foot, cross R foot in front of L foot.

**3&4.**Step L foot to the left side, step R foot besides the L foot, cross L foot in front of R foot.

**5&6&.**Step R foot to the right side, step L foot behind R foot, step R foot to right side, step L foot slightly forward.

**7&8.**ROCK R foot out the right, RECOVER to L foot, CROSS R foot in front of L foot.

## **Section 3 (1-8) SCISSOR LEFT AND RIGHT, EXTENDED LEFT WEAVE, ROCK RECOVER CROSS.**

**1&2.**Step L foot to the left side, step R foot besides the L foot, cross L foot in front R foot.

**3&4.**Step R foot to the right side, step L foot besides the R foot, cross R foot in front L foot.

**5&6&.**Step L foot to the left side, step R foot behind the L foot, step L foot to left side, step R foot slightly forward.

**7&8.**ROCK L foot out the left, RECOVER to R foot, CROSS L foot in front of R foot.

**Section 4 (1-8) HALF OF REVERSE RHUMBA BOX, LEFT TURNING SAILOR, KICK BALL CROSS X 2.**

**1&2.**Step R foot to the right side, step L foot besides the R foot, step back on R foot.

**3&4.**Step L foot behind the R foot, turning left  $\frac{1}{2}$ , step L, R, L. ( Facing 6 o'clock )

**5&6.**Kick R foot forward, step on R foot, cross L foot in front of R foot.

**7&7.**Kick R foot forward, step on R foot, cross L foot in front of R foot.

**EASY RESTART: on the 3rd. wall after 8 counts.**

**(It will be on the 2nd time you face 12 o'clock)**

**EASY TAG: Just a kick ball cross (1&2) At the END of wall 6th. ( you will be facing 6 o'clock )**

**So at the END of wall 6th just add one more kick ball cross, for a total of 3 kick ball crosses.**

**Smiles are part of the dance!**

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