

CATS ! (The Ali-Cat Strut)

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Count: 64 **Wall:** 2 **Level:** —

Choreographer: Alison Austerberry - December 2019

Music: Stray Cat Strut - The Stray Cats

STYLING - A fun dance with plenty of cat like poses and pussy movements. We're Feeeeline Good!

RIGHT TOE STRUT, CROSS LEFT TOE STRUT, SIDE CHASSE, ROCK BACK, ¼ TURN LEFT

- 1-2** Step R toe to R side. Place R heel down
- 3-4** Cross L toe over R. Place L heel down
- 5&6** Step R to R side. Step L next to R. Step R
- 7-8** Rock back on L. Recover on R, angling body ¼ turn L

LEFT TOE STRUT, CROSS RIGHT TOE STRUT, SIDE CHASSE, ROCK BACK ¼ TURN RIGHT

- 9-10** Step L toe to L side. Place L heel down
- 11-12** Cross R toe over L. Step R heel down
- 13&14** Step L to L side. Step R next to L. Step L
- 15-16** Rock back on R. Recover on L, angling body ¼ turn R (facing back to front wall)

SKATE, SKATE, SHUFFLE, ROCK AND COASTER STEP

- 17-18** Skate R, Skate L
- 19&20** Step forward on R. Bring Left next to R. Step forward R
- 21&22** Rock forward on L. Recover on R
- 23&24** Step back on Left. Step R. Step L next to R

ROCK FORWARD, BACK SHUFFLE, BACK SHUFFLE. STEP AND DRAG

- 25&26** Rock forward on R. Recover on L
- 27&28** Step back on R. Bring L next to R. Step back on R
- 29&30** Step back on L. Bring R next L. Step back on L
- 31&32** Take long step to R side on R, dragging L next to R

***2 X PUSSY WALKS, TOE HEEL, TOE HOLD**

- 33-34** Walking forward, cross R leg over L

- 35-36 Walking forward cross L over R
37-38 Touch R toe in. Touch R heel down
39-40 Touch R toe in. Hold

CROSS POINT, CROSS POINT, JAZZ BOX 1/2 TURN

- 41-42 Cross R over L. Point L to L side
43-44 Step forward on L. Point R to R side
45-46 Cross R over L. Step back on L (making 1/2 turn R)
47-48 Step on R. Step L

ROCK FORWARD, COASTER STEP X 2

- 49&50 Rock forward on R. Recover on L
51&52 Step back on R. Step back L. Step forward on R
53&54 Rock forward on L. Recover on R
55&56 Step back on L. Step back R. Step forward on L

OUT, OUT, IN, IN, PUSH AND DRAG (WITH OPTIONAL ARM MOVEMENTS)

- 57-58 Step Out on R. Step Out on L (placing same arms behind head)
59-60 Step In on R. Step in on L (placing same hands on hips)
61-62 Raise both heels off floor, pushing bottom in air (push arms forward, tail in air)
63-64 Step L to L side taking a big Step. Bring R next to L (place left arm above head, And right arm extended to right side)

START AGAIN

Restarts:

***1st Wall dance up to Count 48 and start again (facing back wall)**

***3rd Wall facing the front**

***5th Wall dance to Count 16 then start again (facing the front)**

TO FINISH - The dance will end after Count 16, turn to face the front striking a suitable Feline Pose!! MIAOOOOW

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