

# Feelin' No Pain

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Laura Kampschroeder - March 2020

**Music:** One Margarita by Luke Bryan [ 90 bpm ]

## **Intro: 16 ct**

### **Section 1 [1-8] MAMBO R, MAMBO L, HEEL, STEP, HEEL, STEP, TOUCH BACK, ½ TURN STEP**

**1&2 3&4** Rock R, recover, step R, rock L, recover, step L

**5&6&7 8R** heel, step, L heel, step, touch back R, ½ turn R step R (6:00)

### **Section 2 [9-16] TRIPLE STEP, TRIPLE STEP, STEP, ¼ TURN R, KICK, STEP, TOUCH**

**1&2 3&4** Triple step L,R,L, triple step R,L,R

**5 6 7&8** Step L, ¼ turn R, kick L, step L, touch in R (9:00)

### **Section 3 [17-24] CHASSE R, ROCK BACK, RECOVER, TRIPLE STEP, STEP, TURN ¼ L**

**1&2 3 4R** side, together, side, rock back L, recover R Restart on Wall 7 (touch on 4 instead of recover)

**5&6 7 8** Triple step L,R,L, step R, turn ¼ L, (6:00) Restart on Walls 3 and 5

### **Section 4 [25-32] KICK, OUT, OUT, SAILOR STEP, BEHIND ¼ TURN R, STEP, ROCK, RECOVER**

**1&2 3&4** Kick R, out R, out L, R sailor step

**5&6 7 8L** behind, ¼ turn R, step L, rock fwd R, recover L (9:00)

## **RESTARTS:**

**Wall 3 (face 6:00) dance 24 beats (face 12:00)**

**Wall 4 (face 12:00) dance 24 beats (face 6:00)**

**Wall 7 (face 12:00) dance 20 beats (face 9:00) Touch on beat 4.**

**Choreographer Contact Information:**

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**Last Update - 22 April 2020**

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