

# Burning In My Veins

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Henry Schulz (October 2019)

**Music:** Runaway Train by Soul Asylum (117 bpm)

**Attention: 1 Tag with 8 counts after wall 4 on 12:00 & easy ending on wall 15 (look below)**

## **(1-8) Rock Step R, Shuffle Back R, Back Rock L, Shuffle ½ Turn Back L**

- 1-2      Rock R forward, Recover weight
- 3&4      Shuffle back R-L-R
- 5-6      Rock L back, Recover weight
- 7&8      Shuffle L-R-L and turn over left shoulder, in the end L is behind and has weight on it (6:00)

## **(9-16) Back Rock R, Step Turn 1/4 with R, Cross R, ¼ Turns L & R, Cross L**

- 1-2      Rock R back, Recover weight
- 3-4      Step R forward, Pivot turn 1/4 over left shoulder with weight on L (3:00)
- 5      Cross R over L
- 6      Step L back with ¼ turn over right shoulder (6:00)
- 7      Step R side with ¼ turn over right shoulder (9:00)
- 8      Cross L over R

## **(17-24) Side Rock R, Behind, Side Rock L, Behind, ¼ R with Forward R, Step L**

- 1-2      Rock R to side, Recover weight
- 3      Step R behind L
- 4-6      Counts 1-3 in reverse direction (everything happens with L)
- 7      Step R forward with ¼ turn over right shoulder (12:00)
- 8      Step L forward

## **(25-32) Rock Step R, ½ Turn R, Step Turn ½ with L, Step L, Step Turn ¼ with R**

- 1-2      Rock R forward, Recover weight
- 3      Step R forward with ½ turn over right shoulder (6:00)
- 4-5      Step L forward, Pivot turn 1/2 over right shoulder with weight on R (12:00)

6 Step L forward

7-8 Step R forward, Pivot turn  $\frac{1}{4}$  over left shoulder with weight on L to restart the dance (9:00)

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**(Tag) Dance wall 4 until the end and you will get to 12:00.**

1-4 Rock Step R, Back Rock R (= Rocking Chair)

5-8 Option 1: Step Turn  $\frac{1}{2}$  with R (2x)

**Option 2: Jazz Box R with Step L on count 8 ☐ I like it more than option 1.**

**(Ending) Dance on until count 30 on wall 15 (6:00) and you will get to the ending.**

31-32 Step Turn  $\frac{1}{2}$  with R (Step R forward, Pivot turn  $\frac{1}{2}$  over left shoulder with weight on L)  
(12:00)

33 Step/Stomp R forward to end the dance (your decision if it's step or stomp)

**Have fun and keep on dancing for all the time! Don't forget to sing or smile. ?**

**Henry Schulz (Germany)**

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