

Feel Da Rush

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Heidi Jensen (March 2020)

Music: Feel Da Rush, Freddy Kalas

Intro: 16 count

Step R, L, R fwd , point L, Step L. R, L back, point R

1,2,3,4 Step Rf fwd ,Step Lf fwd, StepLf fwd , point Lf to L

5,6,7,8 Step back on Lf, Rf Lf, Point Rf to R

Cross, point,Cross, point. Rock, 1/4 turn, touch.

1,2,3,4 Cross Rf over LF, point Lf to L, Cross Lf over Rf, point Rf to R

5,6,7,8 Rock Rf fwd, recover on Lf, turn 1/4 to R, touch Lf beside RF.

Rock to L, cross, hold,Rocking Chair.

1,2,3,4 Rock Lf to L , recover on Rf, Cross Lf over Rf, Hold.

5,6,7,8 Rock Rf fwd , recover on Lf, Rock Rf back, recover on Lf.

Step, 1/4 turn, Step ,1/4 turn, Heel and Heel.

1,2,3,4 Step Rf fwd, turn 1/4 to left, step Rf fwd, turn 1/4 to left

5,6,7,8 Step R heel fwd , step Rf next to Lf, Step L heel fwd, step Lf next to Rf.

Tag: After wall 5: 4 count: Sway R, L, R, L.