

Lose Control

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Andrico Yusran (ULD Pusat ,Jakarta Indonesia) March 2020

Music: Meduza, Becky Hill - Lose Control (Lyrics) ft. Goodboys

No Tag No Restart

Start Dance after music intro lyrics 16 counts

S1# V STEP - KICK BALL CHANGE (2X)

1-4 Step R forward diagonal , L forward diagonal , R back to Centre , L close beside R

5&6R kick forward , R tap ball beside L , L tap in place beside R

7&8R kick forward , R tap ball beside L , L tap in place beside R

S2# GRIND 1/4 - COASTER STEP - FORWARD ROCK - COASTER STEP

1-2 Step R heel cross over L , L back 1/4 turn to R

3&4R back , L close beside R , R forward

5-6L forward , R recover

7&8L back , R close beside L , L forward

S3# SIDE - CLOSE TOUCH - JAZZ BOX 1/4 - SIDE TOUCH - CLOSE TOUCH

1-2 Step R to side , L close touch beside R

3-6L cross over R , R back , L side 1/4 turn to L , R forward

7-8L side touch - L close touch beside R

S4# FORWARD - LOCK - LOCK SHUFFLE - FORWARD ROCK - 1/4 TURN - CLOSE

1-2L forward , R lock behind L

3&4L forward , R lock behind L , L forward

5-8R forward , L recover , R side 1/4 turn to R , L close beside R

Enjoy The Dance

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=140434