

# The Struggle is Real

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Kim Meiss – March 2020

**Music:** "The Man" by Taylor Swift

**Vocals start right away. Start dancing after 16 counts with the lyric "and that would be ok"**

## **RIGHT SIDE BEHIND AND HEEL BALL CROSS, REPEAT TO THE LEFT**

- 1,2&3**      Step R to side, Cross L behind R, Step R next to L, Touch L heel forward
- &4**          Step on the ball of the L next to the R, Step the R slightly across the L
- 5,6&7**      Step L to side, Cross R behind L, Step L next to R, Touch R heel forward
- &8**          Step on the ball of the R next to the L, Step the L slightly across the R

## **ROCK RECOVER TRIPLE ½ TURN, ROCK FWD-BACK-FWD-BACK**

- 1,2**          Rock forward on the R, Recover on the L
- 3&4**          Triple step RLR while making ½ turn to the right [6:00]
- 5,6**          Rock forward on the L, Rock back on the R
- 7,8**          Rock forward on the L, Rock back on the R

## **COASTER STEP, ROCK RECOVER, COASTER STEP, ROCK RECOVER**

- 1&2**          Step back on the L, Step R beside L, Step forward on the L
- 3,4**          Rock forward on the R, Recover on the L
- 5&6**          Step back on the R, Step L beside R, Step forward on the R
- 7,8**          Rock forward on the L, Recover on the R

## **¼ TURN LEFT AND WEAVE, TOUCH, SWAY THE HIPS RIGHT THEN LEFT**

- 1,2**          Step back on the L making ¼ turn left, Cross R over L [3:00]
- 3,4**          Step L to side, Cross R behind L
- 5,6**          Step L to side, Touch R beside L
- 7,8**          Sway the hips right, Sway the hips left