

Tell Me Mudder

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Count: 32 **Wall:** 2 **Level:** Easy Beginner

Choreographer: Gerard Murphy, Halifax, Nova Scotia, Canada (March 2020)

Music: "Tell Me Ma" by Sham Rock

Begin after 32 counts. No tags or restarts.

Notes:

Optional steps are highlighted in italics to increase Irish flair!

Try dancing it as a contra dance!

SECTION 1: Grapevine Right, Rocking Chair

1,2,3,4 Step R to R, step L behind R, step R to R, step L next to R

5,6,7,8 Rock forward onto R, recover onto L, rock back onto R, recover onto L

SECTION 2: Heel Slaps (Heel Struts) Forward x 3, Claps x 3

1,2,3,4,5,6 Step forward onto R heel, drop ball of R, step forward onto L heel, drop ball of L, step forward onto R heel, drop ball of R

7&8 Clap, clap, clap

OR Kick Step Touches x 3, Claps x 3

1&2 Kick R forward, step forward onto R, touch L next to R

3&4 Kick L forward, step forward onto L, touch R next to L

5&6 Kick R forward, step forward onto R, touch L next to R

7&8 Clap, clap, clap

SECTION 3: Touch to Left, Close, Touch to Right, Touch Behind (Curtsy), Walk Around 1/2 Turn Right

1,2,3,4 Touch L toes to L side, step L next to R, touch R toes to R side, touch R behind L as you curtsy (bend at knees slightly). If dancing contra give a little nod to the person to your right, as you curtsy.

5,6,7,8 Walk around a 1/2 turn to R: R, L, R, L

SECTION 4: Walk Forward x 4, Heel Switches x 3, Claps x 2

1,2,3,4 Walk forward R, L, R, L

5&6&7 Touch R heel forward, step R back to centre, touch L heel forward, step L back to Centre, touch R heel forward

&8 Clap, clap

OR Shuffle Forward x 2

1&2 Shuffle forward: R,L,R

3&4 Shuffle forward: L,R,L

REPEAT