

No Lo Trates

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Esmeralda v.d. Pol - November 2019

Music: "No Lo Trates " by Pitbull, Daddy Yankee & Natti Natasha

Intro : 32 counts

DIAGONAL ROCKING CHAIR, CROSS, 1/8 TURN R, 1/8 TURN R, REVERSE ROCKING CHAIR, BEHIND SIDE CROSS 1/8 R

- 1&2&** Rock RF diagonal fwd, Recover weight on LF, Rock RF diagonal back, Recover weight on LF 10.30
- 3&4** Cross RF in front of LF, 1/8 turn R step LF to L side, 1/8 turn R step RF back 01.30
- 5&6&** Rock LF back, Recover weight on RF, Rock LF fwd, Recover weight on RF 01.30
- 7&8** Step LF back, 1/8 turn R step RF to R side, Cross LF in front of RF 03.00

SIDE ROCK CROSS, 1/4 TURN RX 2, CROSS, SIDE ROCK CROSS, CHASE L

- 1&2** Rock RF to R side, Recover weight on LF, Cross RF in front of LF
- 3&4 1/4 turn R-step LF back, 1/4 turn R-step RF to R side, Cross LF in front of RF 09.00**
- 5&6** Rock RF to R side, Recover weight on LF, Cross RF in front of LF
- 7&8** Step LF to L side, Step RF next to LF, Step LF to L side **** restart point

SYNCOPATED ROCKSTEPS, COASTER STEP, STEP-1/2 TURN R-STEP FWD, MAMBO STEP FWD

- 1&2&** Rock RF in front of LF, Recover weight on LF, Rock RF to R side, Recover weight on LF
- 3&4** Step RF back, Step LF next to RF, Step RF fwd
- 5&6** Step LF fwd, 1/2 turn R-weight on RF, Step LF fwd 03.00
- 7&8** Rock RF fwd, Recover weight on LF, Step RF back

COASTER STEP, STEP 1/4 TURN L CROSS, 1/4 TURN R, CROSS, SIDE, SIDE TOUCH SIDE

- 1&2** Step LF back, Step RF next to LF, Step RF fwd
- 3&4** Step LF fwd, 1/4 turn L-step RF to R side, Cross LF in front of RF 06.00
- 5&6 1/4 turn R-step LF back, Step RF to Side, Cross LF in front of RF 09.00**
- 7&8** Step RF to R side, Touch LF next to RF, Step LF to L side

RESTARTS: Walls 2-5 & 8 after 16 counts

Dance With Esmeralda

Esmeralda v.d. Pol

www.esmeralda-dancers.com

info@esmeralda-dancers.com

STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=137706