

Lost In Emotion

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Jeffrey Callejo (USA) - November 2019

Music: - Lisa Lisa & Cult Jam

S1 Toe Heel Strut, Toe Heel Strut, Side Shuffle, Rock Recover

1-2(1) Touch Right toe to right side, (2) Drop Right heel

3-4(3) Cross Left foot over right and touch Left toe, (4) Drop Left heel

5&6(5) Step Right foot to right side, (&) Step Left foot next to right, (6) Step Right foot to right side

7-8(7) Rock Left foot behind right, (8) Recover weight back to right foot.

S2 Toe Heel Strut, Toe Heel Strut, Side Shuffle, Rock Recover

1-2(1) Touch Left toe to left side, (2) Drop Left heel

3-4(3) Cross Right foot over Left and touch Right heel, (4) Drop Right heel

5&6(5) Step Left foot to left side, (&) Step Right foot next to left, (6) Step Left foot to left side

7-8(7) Rock Right foot behind left, (8) Recover weight back to Left foot.

S3 Shuffle, ½ Pivot, Shuffle, ½ Pivot

1&2(1) Step Right foot forward, (&) Step Left next to right, (2) Step Right foot forward

3-4(3) Step Left forward, (4) ½ turn right placing weight on right foot

5&6(5) Step Left foot forward, (7) Step Right next to left, (6) Step Left foot forward

7-8(7) Step Right forward, (8) ½ Left placing weight on left foot

S4 Cross, Point, Cross Point, ¼ turn Jazz Box, Cross

1-2(1) Step Right foot forward and across left, (2) Touch Left toe to left side

3-4(3) Step Left foot forward and across right, (4) Touch Right toe to right side

5-6(5) Cross Right over left, (6) Start $\frac{1}{4}$ turn right and step Back Left

7-8(7) Finish up $\frac{1}{4}$ turn right by stepping right to right side, (8) Cross Left over right.

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=137608