

# The Jam

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**Count:** 32                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Dan Albro & Becca Fulford (15 February 2020)

**Music:** "The Jam" by: Cadillac Three

**Intro: 24 counts, start on word "Hey"**

**[1-8] 2 HIP BUMPS RIGHT, 2 HIP BUMPS LEFT, ¼ TURN WALK, WALK, STEP, ½ PIVOT**

**1,2,3,4**      Step side R bumping hips right, right, bump hips left, left (weight on L)

**5,6,7,8**      Turn ¼ right stepping fwd R, step fwd L, step fwd R, pivot ½ left weight on L - 9:00

**[9-16] STEP, LOCK, STEP, STEP, LOCK, STEP, ¼ PIVOT, CROSS OVER, STEP SIDE**

**1&2**            Step fwd R, lock step L behind R, step fwd R

**3&4**            Step fwd L, lock step R behind L, step fwd L

**5,6,7,8**      Step fwd R, pivot ¼ left weight on L, cross R over L, step side L - 6:00

**[17-24] SAILOR STEP, BEHIND, SIDE, CROSS, LUNGE, TOUCH, KICK, BALL, CROSS**

**1&2**            Cross R behind L, step side L, step side R

**3&4**            Cross L behind R, step side R, cross L over R

**5,6,7&8**      Lunge side R, touch L next to R, kick L fwd, step on ball of L, cross R over L - 6:00

**[25-32] LUNGE, TOUCH, KICK, BALL, CROSS, ¼ MONTEREY TURN**

**1,2,3&4**      Lunge side L, touch R next to L, kick R fwd, step on ball of R, cross L over R

**5,6**            Touch R toe side, turn ¼ right on L stepping R next to L

**7,8**            Touch L toe side, step L next to R - 9:00

**Last Update - 28 Feb. 2020**